

Height and how we live

0/F Over the last 300 years, the human body has . . .

The second half of this sentence needs to state what has happened to the human body in the past three centuries. The woman states that “. . . **our bodies have changed more in the past 300 years than in any previous millennia.**” Another word for “change” is “alter” while in the second part of the sentence ‘more . . . millenia’ is similar in meaning to ‘greatly compared to previous periods’.

Therefore the correct answer is **F (altered greatly compared to previous periods.)**

1/C Between the 18th and 20th century, the average height of men . . .

The second half of this sentence needs to state what happened to the average height of men between the 18th and 20th century. The male speaker tells us that people have increased in height since the early to mid 18th century. Later he specifies that the biggest increases were “**in final adult male height**”.

Therefore the correct answer is **C (increased significantly.)**

2/I People living in British cities during the 19th century . . .

The second half of this sentence needs to state what the people did or what happened to them. The speaker says “**the heights of people that were growing up in . . . British cities in the 19th century . . . declined**”. Another word for “decline” is “decrease”.

Therefore the correct answer is **I (decreased in height.)**

3/B Because people made more money they . . .

The second half of this sentence needs to state what happened to people or what they did because they “**made more money**”. The man says “**industrialization played a critical role in generating the wealth that enabled people to afford more and better food.**”

Therefore the correct answer is **B (were able to have a better diet.)**

4/J Because people used machines, they . . .

The second half of this sentence needs to state what happened as a result of people using machines. The woman says “when people . . . used horses to plough their fields, they couldn’t do as much as **when they had machines which could do so much more.**” The reference to ploughing fields tells us that the increase in production is related to food. Also, the man says “mechanization and the use of fossil fuels meant that **we were able to be much more productive**”.

Therefore the correct answer is **J (produced more food.)**

5/K The British economy grew partly because people . . .

The second half of this sentence needs to state what happened to people or what they did that helped the British economy grow. The man says “**You can explain around about 20% of British economic growth over the last 300 years by looking at improvements in the health of human beings themselves.**”

Therefore the correct answer is **K (had better overall health.)**

6/G Later generations were more healthy because they . . .

The second half of this sentence needs to give a reason for later generations being healthier. The man says “**Better nutrition of mothers and therefore better nutrition of the child in the womb contributes to better health for the succeeding generation.**” Another word for “*nutrition*” is “*diet*”.

Therefore the correct answer is **G (had mothers who had a better diet.)**

7/A By dealing with their surroundings people . . .

The second half of this sentence needs to state what happened to people or what they did as a result of dealing with their surroundings. The man says “. . . human beings . . . **were able to shape their environments and consciously avoid hazards in the environment.**” Another word for “*hazard*” is “*danger*”.

Therefore the correct answer is **A (reduced the effects of possible dangers.)**

8/E Variations in average height point to . . .

The second half of this sentence needs to state what variations in average height indicate. Summing up what has already been said, the man explains that height is

related to wealth, nutrition and health (or absence of disease) and we already know that there have been significant changes across all three. He goes on to say “Height appears to reflect some of the things that we regard as being fundamental to . . . standard of living”.

Therefore the correct answer is **E (changes in people’s lives.)**

