# Language Links

#### ILC 3/2013 - Volume 3

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### How to Improve your English Vocabulary



There are games to play and methods to learn to improve your English vocabulary.

A simple method I want to suggest is this; just make a list. Now there is more to it than just making a list, so keep reading. Once a week, make a list of twenty five words choosing words from other popular websites. As you are compiling (or making) your list, make sure to write down the definitions if you are unsure of them at the time. Do your best to study and learn these new words. Now break the list down into five words a day. On your first day, study your first five words. On your second day, study your next five words. Now here's the trick; after learning your five words for the second day, try to write down the words from the first day. On your third day, study the words for day three, and then try to remember and write down the words for day two. Are you seeing a pattern yet? I hope so. Do this for five days, and on your sixth day of vocabulary learning, try to write all your words for the last week. Take your time, and do your best. When you are done, review those words and see what you remember.



Second day	Third day
	1
	2
	3
	4
	5
•••••	5

#### your English 1 Vocabulary

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By Usana

Adapted from: http://english-preparation.blogspot.com

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## Culture Corner

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### How Do You Celebrate?



People everywhere celebrate the New Year. It is a time

to say goodbye to the past and to think about new beginnings.

In many countries, people get together with family and friends on December 31 to eat, drink, dance, and welcome January 1 at midnight.

In many Western countries people make New Year's resolutions. They make promises to themselves to make changes in their lives over the coming year, such as to lose weight, get a new job, or learn a new skill.

In many Asian countries, people also celebrate the Lunar New Year, usually in late January or early February. People spend time with family and eat special foods. In most countries, the holiday lasts for several days.

In late February or early over March, some countries celebrate a special festival called Carnival. Many think that Carnival first started in Italy or

Greece. People dressed in costumes, wore colorful masks, ate, drank, and danced all night on the Tuesday before the start of Lent. A period of time in the Christian calendar of forty days before Easter, when fasting is common. This tradition spread to France, Spain, and Portugal, and later, to Brazil and the United States.

Now, two of the biggest Carnivals take place in Rio de Janeiro in Brazil, and New Orleans in the United States. People still wear flamboyant costumes, and at Carnival in Rio there is a huge parade that lasts for four days.

In New Orleans, Carnival is called Mardi Gras, French meaning Fat Tuesday and lasts for three weeks. Both celebrations combine music and traditions from all over the world. Millions of visitors travel from around the world to join the party.

By Píyaporn

> Adapted from: Anderson, N. J. 2003. Active Skills for Reading. Massachusetts: Thomson Corporation.

## Here's the Answer

#### PAGE 3

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### Job or Work



Do you know the difference between the words **job** and **work**?



You can refer to what someone does in order to get paid as their **work** or their **job**. Used in this way, **work** is <u>un</u>countable so it never has '**a**' in front of it and is **never** plural.

#### For example:

Has he found a **job**? She has had many different **jobs**. Have you had a holiday **job**? Have you ever been offered a **job** in a foreign country? How many different part-time **jobs** have you had? It's fascinating **work**.



What time do most people start **work** in your country?

Is it easy to find **work/jobs** in your country?

What kind of **work/job** does your father do?

Adapted from: Kay, S., Jones, V., Gomm, H., Maggs, P., and Dawson, C. 2009. Inside Out. Oxford: Macmillan Publisher Limited.





## Bits And Pieces

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## 6 Things Really Productive People Do

Have you noticed that some people just seem to accomplish tons and still appear happy and relaxed? Here are six tips for becoming more productive.

#### **1. Pick Your Priorities**

Make choices about the activities in your life. With most endeavors, you can either go deep or go wide. Focus on spending time that for you is fun and productive. If you like big families, have them, but recognize up front that kids require time and you'll have to choose a lifestyle that supports quality time with them, for you to feel satisfied.

#### 2. Go For Efficiency

You don't do everything well. The things you do well usually give you greater joy and require less time. Don't take on something with a steep learning curve if you don't have the available bandwidth. Design your life to meet your wants, and recognize when to say no to opportunities that are outside the scope of your desires. <u>Live your life by</u> <u>design, not default.</u>

#### **3. Integrate Your Activities**

Many people go crazy trying to figure out how to spend time with friends, family, work, play, etc. Stop trying to balance time between them all. Find ways to enjoy them in a combined manner. Build your social life around people in your work environment. Find people in your company who share common interests and develop your career around the people and activities you love. If everything is out of synch to the point where you feel pulled and stressed, a change is likely imminent one way or another.

#### 4. Actively Manage Time-wasters

Social media, family, friends, employees, co-workers and general whiners all under certain circumstances can suck precious time from you if you let them. Budget your time for necessary activities. Make a choice to limit non-supportive interactions that don't energize you. As for social media, it can easily be a black hole for time and productivity. Use it appropriately and sparingly as a tool to support your endeavors and social needs, but lay off the Farmville.

#### 5. Be an Active Learner

You would think <u>learning</u> takes more time from you, but actually there are always new tools and new ways of doing things that can save you time on mundane tasks freeing you up for your priorities. Always be looking for a new way to <u>gain back an</u> <u>hour</u> here or there. Just try it and dump it quick if it starts to drag on.

#### 6. Lighten Up

No need to beat yourself up if you can't do all the things you want because you are handling other stuff that needs attention. It happens. <u>The world won't come to an</u> <u>end</u> in most cases just because you left a few things undone. Celebrate progress and keep refining toward a happy productive existence. This is why making lists and crossing off items is a staple in any productivity handbook. Every completion is a small victory that adds up in a big way.

Adapted from: http://www.inc.com/kevin-daum/6-things-really-productive-people-do.html?



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