

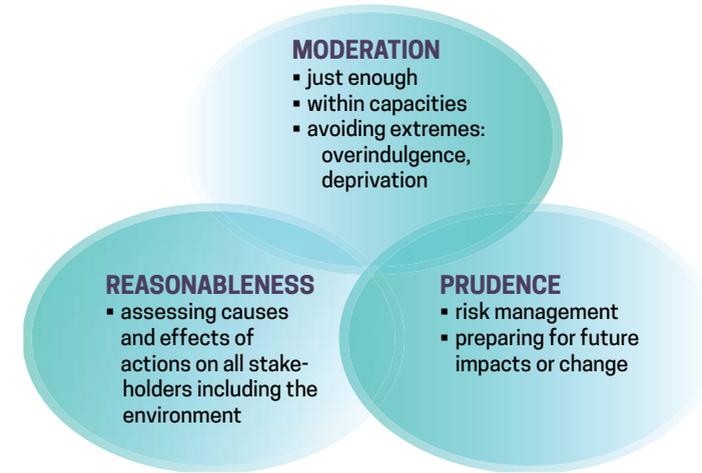
SEP at a Glance

The Sufficiency Economy Philosophy (SEP) is a **decision-making framework** that can guide us in living sustainably, **using both knowledge and virtues**. SEP is based on the principles of **moderation, reasonableness and prudence**. They translate into appropriate ways to solve problems or take action in different situations.

SEP stresses balance in the use of **economic, social, environmental and cultural capital**, while underlining the importance of preparedness in dealing with changes in these four dimensions. **Progress with balance promotes stability and, ultimately, provides a basis for sustainability**. That can be as true for national development programs as for our own agenda in life.

How does SEP get us to “sustainability”?

We make sure that our decision-making is in line with three basic principles:



We use SEP in making decisions, according to our knowledge and virtues:



We aim, as a result of our decisions, to mark **progress toward sustainability with balance** in the four dimensions of life:

PROGRESS WITH BALANCE IN LIFE'S FOUR DIMENSIONS

