

THAILAND CELEBRATES NATIONAL DAY



HIS MAJESTY KING BHUMIBOL ADULYADEJ
OF THE KINGDOM OF THAILAND



HIS MAJESTY KING HAMAD BIN ISA AL KHALIFA
OF THE KINGDOM OF BAHRAIN

“STRENGTH, RESILIENCE AND FRIENDSHIP IN THE FACE OF ADVERSITY”

MESSAGE OF H.E. MR. VICHAI VARASIRIKUL, AMBASSADOR OF THE KINGDOM OF THAILAND TO THE KINGDOM OF BAHRAIN

Upon this auspicious occasion of Thailand's National Day and His Majesty King Bhumibol's 87th Birthday Anniversary, I wish to extend my sincere good wishes to the Kingdom of Bahrain. For Thai people all over the world, the birthday anniversary of His Majesty the King is the biggest celebration of the year because for over 68 years of his reign, His Majesty the King has devoted himself to Thai people and the development of our country. This year we have an even more important reason to celebrate. For almost half a year, Thailand witnessed a political struggle which disrupted much of the country's administration and economy. This led to the

National Council for Peace and Order to temporarily take over the administration of the country on 22 May 2014. Since then, Thailand has shown its tremendous strength and resilience in the recovery from the previous situation. Politically, a 3-step Roadmap for Reforms was laid down and followed strictly by the government according to a time frame which should allow a General Election to be held in early 2016. Economically, we are also seeing a recovery which will result in an overall positive growth for the year 2014. Most importantly, it has been shown that Thai people generally have confidence in the on-going reform effort and that Thailand's democracy

will move forward as a result. I wish to take this opportunity to celebrate the strong friendship and partnership between Thailand and Bahrain. I humbly beg to acknowledge His Majesty King Hamad Bin Isa Al Khalifa's guidance and reforms which have created business-friendly environment attracting more and more Thai businessmen and investors to the Kingdom of Bahrain resulting in further year-to-year growth in bilateral trade and the number of Thai visitors to Bahrain. I highly appreciate the fact that H.R.H. Prince Khalifa Bin Salman Al Khalifa of Bahrain was the first foreign Head of Government to pay a visit to Thailand and had an

official meeting with Thailand's new Prime Minister in October 2014. Not only did that meeting enhance bilateral political and economic cooperation between our two countries, it also demonstrates the Kingdom of Bahrain's confidence and trust in Thailand. As the Thai Ambassador to the Kingdom of Bahrain, I pledge to maintain and further promote the momentum of our friendly partnership and cooperation for the mutual prosperity of the peoples of Bahrain and Thailand.



KING BHUMIBOL ADULYADEJ OF THAILAND

NEVER STOPS WORKING FOR HIS PEOPLE AND HIS COUNTRY

At the age of 87 years old, His Majesty the King of Thailand is still very much active keeping his promise which he pledged on the day he was crowned King of Thailand. In 1950, he promised that he would "reign with righteousness for the benefit of the Siamese (Thai) people". These are a few highlights of his development projects that have had great impact and changed Thai farmers' way of living.



H.M. the King visited one of his Royal Projects in Petchburi province in December 2013. The project called "Chang Hua Man" (which is literally translated as "weigh sweet potatoes") aims to help Thai farmers to improve the management of dairy cattle farms and the quality of local agricultural production.



One of the H.M. the King's royal projects is to study management of dairy cattle farm and dairy processed products such as UHT milk, powder milk candies, yogurt and ice-cream. Chitralada dairy products, especially UHT milk, have become a success in Thai dairy market and greatly contributes to promoting more consumption of dairy products in Thailand.

↑ THE KING AND AGRICULTURAL DEVELOPMENT

H.M. the King wants to help people to help themselves so he initiated more than 4,000 Royal Projects and founded 6 large learning centres around the country aiming to find ways and means to improve the livelihood of the Thai people. Many of his royal projects started on the ground of his own residence, Chitralada Palace, such as a rice field, a dairy farm and a dairy production factory. Aiming to learn and experiment in rice cultivation and crop rotation, he hoped that his studies would help Thai farmers to generate more income.



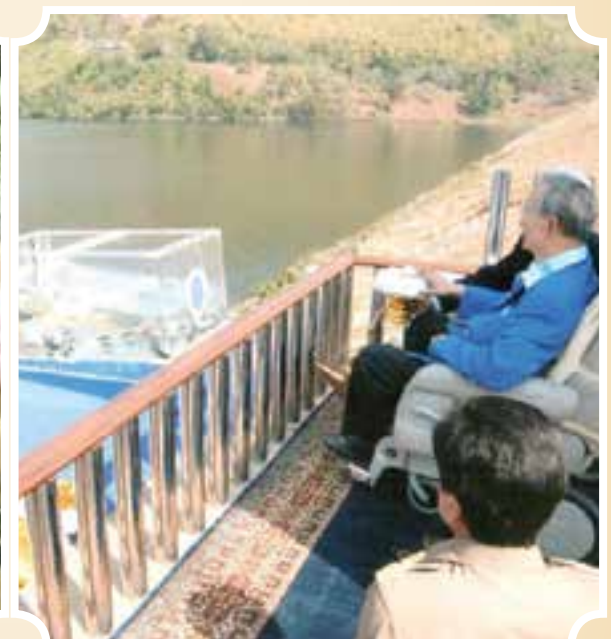
H.M. the King visited the Anan School and talked to the school teachers on 28 December 2013. The School was originally founded by the late Mother of H.M. the King in 1967 in order to provide good education to Karen children who lived in Pa La-U, a forest area in Prachuap Kiri Khan province.

↑ THE KING AND EDUCATION

In February 1976, presiding over the Graduation Ceremony at the University of Khon Kaen, H.M. the King stated that "education is the key to national development because education can lead the nation to either prosperity or degradation". The King always attaches great value to educational development. Apart from granting numerous scholarships and setting up learning centres, H.M. the King also founded several schools and provided financial support to many educational development projects around the country.



H.M. the King visited Pa La-U forest in Prachuap Kiri Khan province in January 2014. The Pa La-U forest is the one of the most prosperous lands in the area which has been well-preserved by people.



H.M. the King visited Kaeng Krachan Dam & Reservoir in January 2014. On this occasion, H.M. released fish into the dam. The dam is an earth dam which is for multi-purposes such as supporting generation, irrigation, water supply, fisheries and recreation activities. It was officially opened by Their Majesties the King and Queen of Thailand in 1966.

↑ THE KING AND ENVIRONMENT

H.M. the King is greatly concerned with the environment as he viewed that it eventually caused the world to change and that it was important that people have enough knowledge and a clear understanding in order to find ways to solve the problem correctly. Since 1970, H.M. has paid attention to deforestation in Thailand and initiated many projects to protect and to reserve forests in Thailand.



THE YEAR 2014 THAILAND-BAHRAIN FRIENDSHIP GROWS STRONGER

The friendship between Thailand and Bahrain has become deepened over nearly four decades since the establishment of diplomatic relations in 1977. The year 2014 witnesses the successful visits to Thailand by H.R.H. Prince Khalifa bin Salman

Al Khalifa, Prime Minister of Bahrain. In October 2014, H.R.H. Prime Minister of Bahrain was the first foreign Head of Government to visit Thailand and had meetings with Thai Prime Minister, General Prayuth Chan-O-cha, and Deputy Prime Minister and

Foreign Minister, H.E. Mr. Tanasak Patimapragorn. The strong determination of both Thai and Bahraini leaderships helps to maintain momentum of bilateral cooperation and sustain tangible results for the benefits of the peoples of both countries.



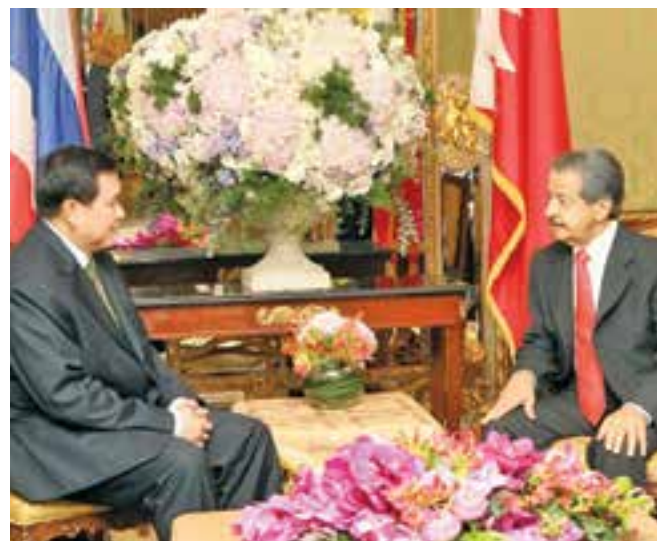
Bilateral meeting between HRH Prime Minister of Bahrain and Prime Minister of Thailand.



The bilateral meeting between Prime Minister of Thailand and H.R.H. Prime Minister of Bahrain on 20 October 2014 went well in cordial atmosphere as Thailand considers Bahrain one of the closest friends in the region. Both sides discussed ways and means to enhance bilateral cooperation in areas of mutual interests such as trade, food security and tourism.



HRH Prime Minister of Bahrain visited Thailand in October 2014. He was the first Head of Government of a foreign country to visit Thailand and had a meeting with Thailand's Prime Minister, Gen. Prayuth Chan-O-cha, on 20 October 2014.



HRH Prime Minister of Bahrain and Deputy Prime Minister and Foreign Minister Tanasak Patimapragorn held a successful meeting on 27 October 2014 during the second visit to Thailand of the Prime Minister of Bahrain.

GLAMOROUS THAI IN BAHRAIN



Thailand has been widely known for its expertise in cutting and polishing gems

and precious stones. For the first time, a specially-designed Thai Pavilion with

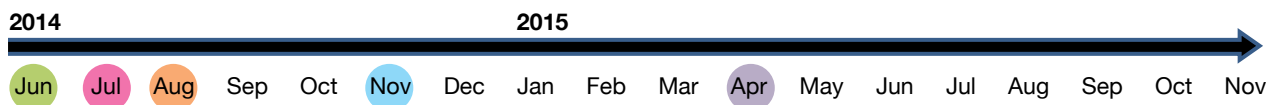
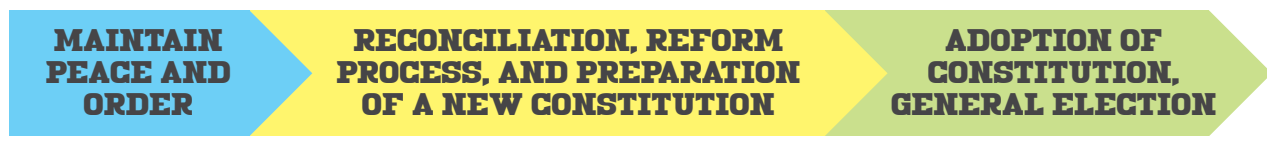
more than 30 Thai jewellery companies participated in the Jewellery Arabia

2014 Exhibition in Bahrain, bringing high quality, beautiful, and uniquely-

designed jewellery to Bahrain as an option for Bahraini jewellery lovers.

THAILAND'S ROADMAP TO REFORMS

After almost a year of political struggle, the National Council for Peace and Order temporarily took over the administration of the country with the sole purpose of putting Thai democracy on the right path through a political and social reform. It has since then started implementing a 3-stage administrative roadmap to move the country forward.



- Jun 18:** Martial law lifted in Bangkok & tourist areas
- Jul 21:** Interim Constitution in place / **31 Jul:** Establishment of National Legislative Assembly
- Aug 24:** Appointment of Prime Minister and Cabinet
- Nov 1:** National reform council formed / **Nov 4:** Constitution Drafting Committee formed
- Apr 1:** First draft of the new constitution expected

THE GOVERNMENT

The interim government sets priorities in restoring Thailand's economic health and social harmony. During the past 3 months, the government has expedited the following policies:

► **Employment creation and financial support to low-income groups.** The government has launched a 12-billion US dollars stimulus package for the last quarter of 2014 which will create jobs and boost income of the most vulnerable groups. Projects include investment in infrastructure, education, health care and irrigation.

► **Promoting digital economy** – by increasing the use of IT in various sectors such as banking and automotive industry. This will enhance efficiency and competitive advantage of the Thai economy.

► **Promoting investment in infrastructure** – covering projects such as the construction of new dual-track rail lines, extension of the Skytrain and MRT rapid transit system in Bangkok, expansion of airports in border provinces, and improvements to highways connecting neighbouring countries.

PROGRESS SO FAR

CONSTITUTION DRAFTING COMMITTEE (CDC)

- The Committee has outlined the structure of the new constitution, comprising 4 chapters:
- The Monarchy and the People, emphasizing the rights and duties of citizens, as well as public participation in political process;
- Political Institution and good governance, focusing on devolution of power and local administration;
- The Rule of Law, courts, and scrutiny of state power;
- Reforms and reconciliation
- The CDC will ensure that the reform process leads to a reduction in inequality and the promotion of a just society.
- The first draft of the constitution is expected by April 2015 and the final draft is expected to be presented for royal endorsement by September 2015.

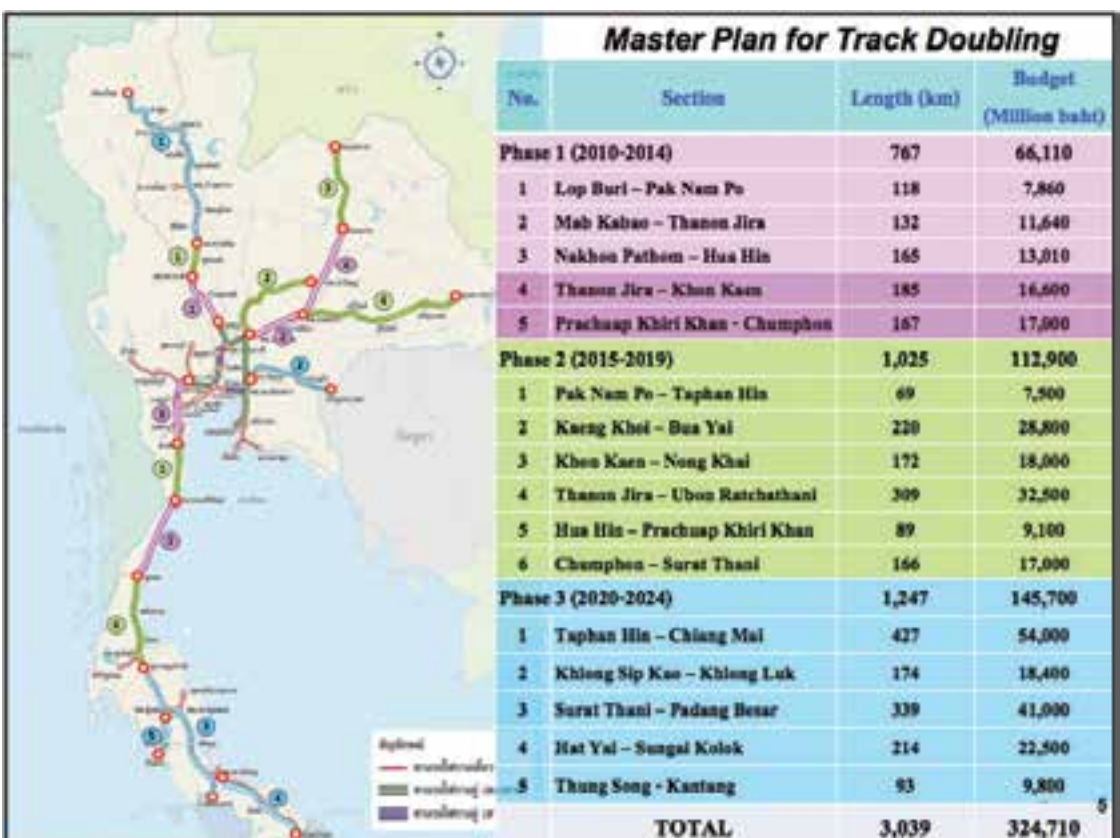
THE NATIONAL REFORM COUNCIL (NRC)

- Members of the NRC were selected from all sectors of the society.
- The NRC provides channels through which the public can voice their opinions.
- The NRC has held consultation meetings with political parties and political groups to hear their opinions and concerns.
- Consultation papers have also been sent out to independent organizations and civil societies such as the Election Committee, Office of the Ombudsman and the National Human Rights Council.
- In the meantime, the NRC has started considering proposals and academic papers on 11 reform areas. Emphasis will be given to reforms in the areas of pressing concern, such as energy, education, public administration and corruption prevention.

► **Improving Thailand's productive capacity through investment and training** – by encouraging investment in R&D and development of new technology as part of foreign investment.



Expansion plan for the mass transportation system in Bangkok



New Dual-track rail lines projects

SIX DAYS IN HEAVEN

Every year on the 17th of March is the national celebration of Muay Thai in Thailand – a day where thousands of people come from all over the world to the ancient city of Ayutthaya to pay respect to the father of Muay Thai - Nai Khanomtom. Last year four of my students and I were privileged to attend this great ceremony in the ancient city of Ayutthaya. It is thanks to the Thai Embassy and the Tourism Authority of Thailand who took care of everything and gave us this great opportunity to discover Thailand generally, and specifically Muay Thai, as our main goal. Of all my trips overseas, my trip to Thailand stands out from the rest. The reason for this is that every part of this amazing country inspires one in so many ways. In this article I'll highlight three main highlights: the Muay Thai in Thailand; Ayutthaya and Wat Pho.



MUAYTHAI

Muay Thai in Thailand is more than a national sport – it speaks stories and tell you so much things that you can't get it outside in the whole world. Every Muay Thai school has its own techniques and traditions. We had the opportunity to visit two legendary gyms: Sityodtong and Fairtex, both of which are based in Pattaya. Both of these gyms have produced hundreds of champions over the years and I would recommend anyone interested in Muay Thai to pay a visit to these two camps.

AYUTTHAYA

Ayutthaya, an ancient capital of Thailand, is very rich in history and culture. However, even if you are not a big fan of history you will still appreciate the memorable scenery where hundreds of temples form the backdrop of this incredible city. For movies fan, you will recognize that Ayutthaya was the scene where the movie Mortal Combat was made. And we were fortunate to have the assistance of guides showing us the way through each one of the city's walls which tells different stories and legends.

WAT PHO

The final highlight of the trip was the Temple of Wat Pho - if I had the choice to add an eighth wonder of the world it would be this temple. I would recommend anyone visiting Thailand to pay a visit to this temple and the 15m high and 43m long reclining Buddha found inside. All in all, the whole trip was a dream and I am already planning the next one!

*Kru. Yousif
Bahrain Muay Thai Team founder and head Coach*



We Wish to
Congratulate
the Kingdom of Thailand
on The Occasion Of
the National
Day Celebration.



@bahrainmuaythai

When one thinks of Bangkok, Thailand, many things come to mind: a wild, sometimes chaotic tropical metropolis; the hub of not only Thailand but South-east Asia, a gateway city; a city of contradictions, containing stunning temples and world-class nightlife; perhaps a city one can explore for years and never come close to really knowing. But Bangkok a city for kids? Actually, the answer is a resounding "Yes!" There are literally

scores of wonderful, fantastic, diverse, and above all fun places to visit and things to do in "The Big Mango." Best of all, many of them are free or incredibly cheap, while the bigger, more elaborate places are world-class yet still reasonably priced.

Tuk-tuk to Skytrain

The first step is to consider your kids; seriously, how old are they, what do they like to do, and what did you enjoy doing at

BANGKOK: A C

their age? You may find that despite the changing times, some things never change, and young kids will love a short tuk-tuk ride through some backstreets, not to mention the awesome

new subway system that is clean, cool, and convenient. Let's face it: toddlers will be thrilled exploring your hotel, with all its attractions: the amazing buffets, the huge swimming pools, even the elevators. But get them on Bangkok's Skytrain and tour one of earth's great cities from on high for a few bucks in air-conditioned comfort, and everyone will be smiling. Take the Skytrain to the end of the line at Saphan Thaksin, disembark, hop on a river taxi and the whole family will be laughing. Exit the elevated railway from time to time to explore some of the city's excellent attractions, malls, parks, zoos, or markets; then get back on when things get sleepy and pop back by your hotel for a rest stop. Bangkok's excellent cinemas are perfect for this also, as are its always astonishing IMAX theaters, aquariums, or planetariums, a few of which we should specifically describe.

KIDZANIA

Get off your Skytrain ride at Siam Station and you descend into a whole area of activities, at-



tractions, restaurants, shopping, or simply sight-seeing. Siam Paragon is a superb place to start, as it contains Siam Ocean World in the basement and a slew of theaters including an IMAX on the 5th floor. Also on the top floor, Siam Paragon also boasts the latest, most exciting and innovative attraction for kids ever: Kidzania. Here children get to literally "try on" some 80 different jobs in extremely well-designed, lifelike settings. They don the



Warmest greetings and congratulations to His Majesty King Bhumibol Adulyadej of Thailand on his 87th Birthday and to the Thai people on their National Day

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Warmest congratulations to the leadership and people of the Thailand on their **National Day**



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CITY FOR KIDS

appropriate uniform, be it a lab coat or a fire-fighter's suit, then engage in their chosen profession. A brilliant idea, incredibly educational, and fun.

WAXY FUN

Nearby Siam Center and Siam Discovery Center are a lot of fun to peruse and the recently opened Madame Tussaud's Wax Museum is always a kick; if you haven't been since you were a kid yourself, you'll be surprised by all the local celebrities and



Thai historical figures as well as the clever interactivity of the exhibits.

Should the shopper in you – I mean, your kids – still have some cravings, the world-famous MBK looms nearby, drawing many a clueless shopper into its own private world. Down the street, CentralWorld also has an ice-skating rink to occupy the kids once they feel tired of shopping, as does the Esplanade Mall on Ratchadapisek Road.

WILD SIGHTS

No roundup of kids' activities would be complete without animals. Bangkok, this city of millions of people, skyscrapers, and world-renowned traffic, actually has plenty of green spaces, parks, lakes, trails, and even zoos. Dusit Zoo is probably the most famous, and has been around for over 80 years. It is worth a visit, especially since its recent renovation featuring a lakeside promenade and skywalk from which to view the lions, tigers, and lizards from above.

Safari World is another great adventure into the animal kingdom, and can be done from the comfort of your own car, or one of the zoo's comfy coaches. There is a Wildlife Feeding Show and the adjacent Marne Park has hundreds of exhibits with 7 shows daily. There are 2 restaurants on the



grounds with buffets and a gift shop featuring curious zoological memorabilia.

DREAMWORLD

Moving to the outskirts of the city a bit, if you have older kids, they're sure to enjoy Dream World, a full-blown amusement park with things named



“Tornado,” “Snow Town,” “Hurricane,” “Grand Canyon,” and “Super Splash.” Then there are the shows: animals, Hollywood stars, street performers, and even SWAT teams. After all the excitement, chill out in the Love Garden, Fairy Tale Land, or Seven Wonders of the World.

Tired yet? There are dozens more places we could mention, but we would be remiss if we didn't mention Siam Park City – or Suan Siam, as it is known locally. What is it? A theme park, an amusement park, a massive

water park, a dinosaur museum, and even a learning zone. Need more in one place? It is also an aviary, a botanical garden, and an open zoo. It is also one grand, fun day out for the family.

You get the idea. If you thought the kids would be bored in Bangkok, or need to be confined to the hotel, you can see that this is far from the case. It turns out that Bangkok is a playground for kids as well as adults, with something for everyone. Whatever you do, be sure the kids are not around when you open some of the links in this article – they'll be enthralled and titillated, and won't stop pestering you about going until you finally have no choice but to get up and go.



Warmest greetings and congratulations to His Majesty King Bhumibol Adulyadej of Thailand on his 87th Birthday and to the Thai people on their National Day.

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THE THAI CONNECTION

BEST WISHES FROM AL HASSANAIN COMPANY



CHAIRMAN'S MESSAGE

On the occasion of Thailand's National Day and His Majesty King Bhumibol's 87th Birthday Anniversary, on behalf of Al Hassanain Company I extend my best wishes to all Thai nationals in Bahrain, especially to all the Thai employees of the company.

It is obviously a day of pride for Thailand and its citizens as they participate and celebrate the 87th birthday of their King. Thailand and Bahrain share great relations as two nations, not just at the government level but also people to people relations.

The people of Thailand are hardworking and friendly and I take great pride in saying that they have played a part in the success and growth of Al Hassanain Company too. Today our company, is recognized as a leader in undertaking Marine constructions and earthwork operations highest quality standards, largely due to the contribution of Thai nationals working shoulder to shoulder with our other employees.

It is true that our company is well equipped with a modern fleet of advanced heavy construction equipment but it is the skill of our workforce that allows our work and establishment to progress.



ال Hassanain
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RELAXING PRESSURE

Sawadee Ka and welcome to Ann's Spa and Authentic Thai Massage. Warm smiles, high quality products, reasonable prices along with friendly professional service sets Ann's Spa apart from other Spas. Ann's Spa first opened its doors in the Al Safir Hotel in Juffair in 2005 and has enjoyed helping thousands of customers with their massage needs since then. Often, new customers ask, what are the basic principles of a Thai Massage when compared to other massage techniques. Thai massage works on the meridian (energy) lines within the body. When you become ill or injured, the flow of energy around the body has become blocked or is not flowing as freely as it should. When you have a Thai massage it encourages the flow of energy, bringing harmony and balance to the body. Massage therapists at Ann's Spa and Authentic Thai Massage have an intuitive sense and feeling to know where to apply pressure and for how long to press, aiming to release muscular tension and stretch out tight muscles, ultimately encouraging flow of energy around the body. When therapists use

their body weight to release stress and tension from within the muscles it works deeper and is more focused. Therapists combine leverage and balance of their own body weight to apply more or to ease off, ensuring they use the correct pressure on each client.

ANN'S SPA AND AUTHENTIC THAI MASSAGE HELPS YOU BALANCE YOUR BODY

Throughout a Thai massage the therapist will start with meridian work. This means palm and thumb presses along the energy lines, which warms the muscles and increases blood flow. Working around the joints, releasing tension and encouraging movement occurs before stretching of the limbs. Through working on the meridian

lines and joints, it warms up the body physically and emotionally enabling maximum benefit from the stretching. In addition to Thai Massage, Ann's Spa also offers several other services to round out your spa experiences. These services include: Thai herbal ball, aromatherapy, sport, and hot stone massage services, manicure and pedicure, hair removal (wax), steam room, body scrub, and private Jacuzzi. If you are a regular spa goer or are just starting out, its staff would be pleased to help you find the right treatment for you. Should your vacation plans take you to Thailand, then Ann's Spa and Authentic Thai Massage considers you very fortunate. Thailand offers a diverse culture, beautiful landscapes, and warm friendly people. However, for those who cannot make the trip to Thailand, Ann's Spa provides Bahrain the opportunity to experience the remarkably diverse culture that is unique to Thailand here in Bahrain. So book yourself an appointment and introduce yourself to this wonderful experience soon.

THAILAND-BAHRAIN PEOPLE-TO-PEOPLE CONNECTION

About 3,000 Thais are living and working in Bahrain. They are all well received by the Bahraini locals whose open minds and kind hearts allow for exchanges of traditions and values between the two cultures. With over 30,000 Bahrainis visiting Thailand each year, many fond experiences and memories of various Thai festivals are brought back to Bahrain for all to share and live the occasion right here in Bahrain.

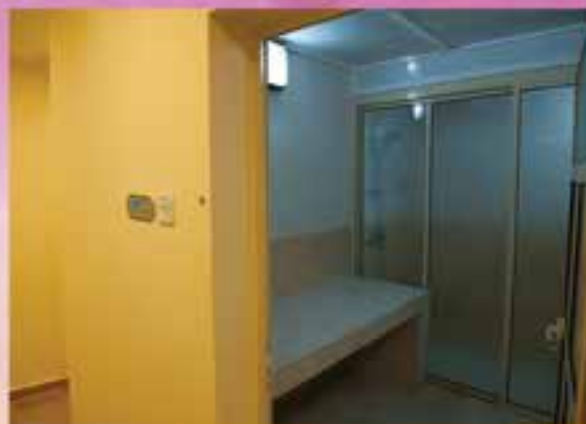
Songkran or Thai New Year Festival falls on 13-15 April. It is very well known among tourists as the Water Festival during which everyone throwing water at one another throughout the country. The traditional throws of water is meant as a symbol of washing all of the bad away and is sometimes filled with fragrant herbs when celebrated in the traditional manner.



The spirit of Thai New Year was brought to the Sofitel Zallaq Thalassa Sea and Spa in April 2014.

ANN'S SPA

← AUTHENTIC THAI MASSAGE →



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SERVING THE COMMUNITIES

BABASONS GROUP CATERING TO ALL TASTES

On the occasion of Thai National Day and 87th Birthday of His Majesty King Bhumibol Adulyadej, the Babasons Group extends its best wishes to the officials of the Royal Thai Embassy and all Thai nationals in Bahrain.

"Babasons Group began operations in Bahrain in 1993 and are well known in the Kingdom in terms of Retailing & Distribution. The retail outlets owned include Megamart & Babasons. The group runs ten outlets in the region to serve all the valued communities, which also includes the Thai community. We specially import Made in Thailand Products in order to serve them and also to cater to those who like Thai cuisine and have an affinity for genuine Thai products. The imports categories include Food Non-Food, Plastic Ware, Garments & Household goods.

"This is in addition to our imports from other countries like United Kingdom, USA, Philippines, India, Australia, South Africa and Holland.

We began importing goods from Thailand since 2001 to serve the Thai community. At present we import all the major brands from Thailand Like Foco

Drinks, Aroy D, Ligo Jasmine Rice, Jims Coffee/ Cappuccino, Maekrua, Cock, Hart Beat, Hales, Oishi, Lactaso, Hanami Snacks, Ufc Drinks, etc. Babasons Group also distributes to all major retailers in the region to serve the Thai community.

Having years of trading experience in the Kingdom, our company has acquired immense market knowledge, gaining insight into the various categories of products, their demand, the market size and the competition; honing in process an ability to formulate sales and marketing strategies to accelerate business growth for mutual benefit.

Also through changing times and trends, what has not changed is Babasons' concern for its customers; the dedication to its principles, to its wholesale and supermarket clientele and to the brands under its care, has remained firm – as it always has and will be.

Using this experience and knowledge, till date, Babasons Group has selected and imports 600-650 Thai products and regularly introduces new products in the Bahrain market through attending Seminars & Food Fair.

"An up-to-date and extensive warehouse

with a massive freezer capacity, well-networked distribution centers and a fleet of delivery vehicles ensures prompt product availability even in the remotest of outlets throughout the Kingdom. The Company services 100% of A and B class outlets and 60% of small C and D class outlets in the Kingdom. Our large and highly popular agency bases are ever-abiding to the needs and requirements of the customers and are capable of delivering on voluminous orders with ease.

"Babasons will continue to build on its strengths and capabilities to maintain its position as a leading name in the hearts of its customers and alliances alike. Today with 10 major outlets in the Kingdom, Babasons Mega Mart is the second largest chain of supermarkets.

"This popularity and success is largely a result of our conveniently located stores which enjoy significant support of most well known brands and agency lines.

These in turn are drawn by our ability to provide prime products displays, facilities for below-the-line marketing, test launching of promotional offers and even conducting valuable consumer surveys to help formulate sound and effective strategies for brand development.

AL SAFIR HOTEL LANDMARK OF LUXURY

The Al Safir Hotel & Tower is located in the Juffair neighborhood. A visitor is only a short distance from the Al Fateh Mosque and the family friendly Al Fateh Corniche. Sites like the National Museum, Bab Al Bahrain Gate and the Manama Souq are close to the property as well.

Majestic furnishing, polished wooden flooring, comfortable linens and the soothing atmosphere dominate the large deluxe rooms that are available in single- and twin-bed options at Al Safir Hotel. Whether visiting for a luxurious holiday or long-term business trip, these rooms will offer a true sense of relaxation. In-room amenities include Wi-Fi, international direct dialing (IDD), digital flat TV, tea/coffee maker, Iron & Board and a safe deposit box. Al Safir Tower is a luxury for some and a landmark for others. Strategically located in Juffair, adjacent to the hotel, it offers 73 plush residential apartments designed and equipped in a contemporary fashion, making this address a cut above the rest. Those staying at the Al Safir Hotel & Tower will be able to rely on the many amenities which include valet parking, a swimming pool, laundry and dry cleaning services, meeting and conference rooms, airport



shuttles, a modern fitness room and a currency exchange service.

126 deluxe rooms & 73 luxury tower suites consisting of Studio rooms, Standard & Executive Two & Three bedroom suites and on the 14th floor we have the Imperial Suites with its own private swimming pool.

Our four meeting rooms have excellent facilities including a wide range of Audi-Visual equipment. Two rooms are fixed with a deluxe oval boardroom setup and comfortable chairs. The other two can be set up in various formations from Classroom, Theatre or U-shape.

Al Safir Hotel & Tower has been awarded with three ISO / IMS certificates and is proud to be the first hotel in the Kingdom of Bahrain to achieve this recognition.

Congratulations and best wishes to the leadership and people of Thailand on their **National Day**

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FLY THE GULF AIR WAY TO BANGKOK

GF'S SERVICES UNDERGO EXTENSIVE REVAMP

In the last three years Gulf Air, the national carrier of the Kingdom of Bahrain, has embarked on an aggressive and proactive re-fleeting and product enhancement strategy. A critical element of the airline's new business offering is its newly retrofitted A330 aircraft which feature a total of 214 seats in a two-class configuration of 30 Falcon Gold Class and 184 Economy seats. Designed specifically for Gulf Air and integrating features based on passenger feedback, the airline's new Falcon Gold seat converts into a fully-flat bed measuring 1.90 meters in length guaranteeing a comfortable night's sleep. The Falcon Gold seats offer more personal space between seats than the airline's previous business class product, allowing passengers to sit back and relax in a 22-inch wide armchair that converts easily into the passenger's desired position complete while enjoying an in-seat massage facility. Armrests are fully adjustable to different heights making sleeping, dining or working more comfortable. There is significant storage space such as

a shoe packing pocket and a side compartment specifically designed for laptops. For optimum onboard entertainment, the Falcon Gold seats come with complete Audio-Video on Demand (AVOD) features, an individual 15-inch touch screen in every seat and high quality noise-cancelling headphones. A suite of movies, video and audio titles in several languages are available, in addition to games. A USB port is available in every seat to allow passengers to easily charge electronic devices during their flight. Beyond the airline's premium product, Gulf Air's A330 Economy Class seats have also been upgraded to offer passengers the very latest in comfort and technology. Featuring a 4-inch recline, an 18-inch seat-width and an adjustable head and foot rest allowing greater passenger comfort, the seats are fitted with 9-inch seat back TV monitors that are ideal for enjoying the airline's extensive in-flight entertainment options. Following the delivery of three retrofitted aircraft earlier this year, Gulf

Air's A330 retrofit is scheduled to be completed by the end of 2014 and this highly anticipated transformation of the national carrier's long-haul product demonstrates the airline's longstanding mission to offer superior products and services to passengers while underlining Gulf Air's commitment to its international operations. Gulf Air offers 6 weekly flights between Bahrain and Bangkok International Airport (also known as Suvarnabhumi Airport), using the airline's retrofitted A330 fleet. From Bahrain, Gulf Air offers easy access to one of the largest networks within the Middle East and provides seamless onward connections to a network stretching from the GCC, MENA region, Africa and Europe. Today its fleet is one of the youngest in the region with an average age of under six years while the airline's Falcon Gold product is undergoing a complete overhaul both in the air and on the ground. The new business offering, including the airline's new and renovated lounges, were designed for the first time ever incorporating



the comments of passengers during the development stage to ensure the end products met their requirements. Beyond the superior comforts such as SkyChef dining and SkyNanny service, you can also enjoy the airline's

trademark Arabian hospitality and renowned bespoke services across the globe including, for Falcon Gold travellers, easy access to Gulf Air's dedicated Falcon Gold lounges in London, Bahrain and Dubai.

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6 times weekly*

Flight	Departure	Time	Arrival	Time
GF 150	Bahrain	09:05	Bangkok	19:35
GF 151	Bangkok	20:50	Bahrain	00:30+1

*Except on Tuesdays

gulfair.com