

Community Health Management and Empowerment to Promote Healthy Communities

Pogramme	Annual International Training Courses Thai International Cooperation Programme
Course Title	Community Health Management and Empowerment to Promote Healthy Communities
Duration	June 27 – July 15, 2016
Closing Date for Application	April 10, 2016
Number of Participants	18-20
Eligible Countries	Asia: Afghanistan, Bangladesh, Georgia, Indonesia, Iran, Jordan, Kyrgyzstan, Malaysia, Maldives, Nepal, Oman, Pakistan, Palestine, Philippines, Sri Lanka, Tajikistan, Timor-Leste, Uzbekistan, Yemen, and Thailand Africa: Angola, Benin, Botswana, Burkina Faso, Burundi, Cameroon, Congo, Djibouti, Egypt, Eritrea, Ethiopia, Gabon, Ghana, Guinea, Lesotho, Libya, Malawi, Mali, Mauritania, Mauritius, Morocco, Namibia, Rwanda, South Sudan, Sudan, Swaziland, Togo, Tunisia, Zambia, Zimbabwe Pacific: Cook Island, Fiji, Marshalls Island, Nauru, Palau, Papua New Guinea, Vanuatu, Solomon Island, Tonga, Tuvalu Member Countries; FEALAC, OAS and CARICOM

Objectives

The course aim to:

- Comprehend principles and concepts related to the health care system.
- Understand principles and strategies of community health development.
- Identify principles and processes for community empowerment focused on strengthening community action and health innovation.
- Analyze the process of community health management in real world settings.
- Understand essential skills for community health management including critical thinking, collaboration, cross-cultural understanding, communication, problem solving, leadership, and team work.
- Identify roles of local community organizations, NGOs, community leaders, health volunteers, and groups, in working together to promote healthy communities.
- Share knowledge and experiences in community empowerment and community health development.
- Initiate community development networks among participants.

Qualifications

Applicant for this course shold:

- Under 45 years old
- Working as a health personnel for at least 2 years
- Able to participate in the training course for the full time
- In good health both physically and mentally
- Sufficient command of spoken and written English
- Computer literacy
- Be nominated by their government

Course Contents

1. Lectures and discussion

- Health care system
- Characteristics of an effective health care delivery system: availability, accessibility, acceptability, affordability, and appropriate, considering both technology and cross-cultural issues
- Community health development: concepts, principles, and strategies
- Community empowerment: significance, concepts, principles, and process
- Community health management:
 - 1) Process: assessment, planning, intervention, and evaluation
 - 2) Essential skills: critical thinking, collaboration, cross-cultural understanding, communication, problem solving, leadership, and team work

3) Community health promotion: concept, strategies, and indicators Community practice

- Community health assessment and problem identification
- Community health strategic planning based on community problems (includes plan for community health intervention, health innovation development, and indicators for the success of the program)

2. Field studies

- Sarapee Community Hospital, Chiang Mai Province
- Ta-kwang Health Promotion Hospital, Chiang Mai Province
- Alternative Medical Center, Sarapee Sub-district, Chiang Mai Province
- Donkaew Learning Community, Chiang Mai Province
- Mae-Ta Learning Community, Chiang Mai Province
- Learning Center of Community Rehabilitation, Wat Hoi Keing, Sansai District, Chiang Mai Province

3. Advance assignments

Country report: participants prepare a report about their country which includes the following information:

- National demographic data and health problems
- National health care system
- National health policy and strategies for achieving national goals

Institution

The course will be conducted by:

Faculty of Nursing, Chiang Mai University,
Chiang Mai 50200 Thailand
Tel (6653) 945012, 949136
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