



# Course Outline

## Annual International Training Course (3 Year Plan : 2023 - 2025)

### 1. Course Title:

**Early Childhood Quality in New Normal Era: Opportunities of Community Capacity** (คุณภาพเด็กปฐมวัยในยุคฐานวิถีชีวิตใหม่: โอกาสศักยภาพชุมชน)

**2. Duration: 10 days (Monday to Friday; 2 weeks from 21 April 2025 to 2 May 2025)**

### 3. Background:

#### **Thailand International Cooperation Agency (TICA)**

TICA is a national focal point for Thailand's international development cooperation. It was established in 2004 to realize Thailand's aspiration to be a contributor to international development cooperation. Believing that global challenges are best addressed through international cooperation and global partnership, TICA continues to work closely together with its development partners to realize the global development agenda through various capacity-building and human resources development programmes. In response to the recent changes in the global landscape of development cooperation, TICA has strengthened its partnerships to harness the synergy of South-South and Triangular Cooperation to tackle global development challenges, including expediting the implementation of Sustainable Development Goals (SDGs). It also continues to realign our focuses in order to deliver Thailand's commitments as a global reliable partner.

Since 1991, TICA, in collaboration with educational institutions in Thailand, has offered short-term training courses under its Annual International Training Course (AITC) Programme. The number of courses offered each year varies between 25 to 35 courses for 20-35 participants per course. AITC not only fosters good and friendly relations which Thailand has already enjoyed with recipient countries across regions, but also helps Thailand to reach out to those countries with which we desire



to engage more closely. The courses offered by TICA in 2023-2025 are categorized into 5 themes: Sufficiency Economy Philosophy (SEP), food security, climate change and environmental issues, public health, BCG Model related.

### **Organization/Institution**

Panyapiwat Institute of Management (PIM) is Thailand's first and largest Corporate University, founded in 2007 under CP All Plc., a member of the C.P. Group. To strengthen corporate values and sustainability for society, Work-based Education has been pioneered by PIM, leveraging the expertise of CP All Plc. with the commitment to produce academically skilled and job-ready graduates, developing human resources whose knowledge and skills are better aligned with market needs, including partners and stakeholders in various businesses. PIM maintains well-established quality assurance mechanisms and has gained good standing in the accreditation review by the Office of the Higher Education Commission (OHEC). In addition to institutional strength and effective leadership, PIM's outstanding work-based learning programs are also highlighted in the OHEC review.

The institute practices "Work Based Learning" which requires the students to do internships in CP All PLC itself and its partner companies. CP All is the franchisee of 7-Eleven stores in Thailand with over 14,000 stores nationwide, as of June 2017. It also has other businesses including food processing, retail equipment, marketing, information technology etc. Consequently, students will learn of how to offer qualified services to customers in real situation.

School of Nursing (SON) of PIM was established in 2020 to offer the bachelor degree of nursing science. The school and programme have been officially approved by Thailand Nursing and Midwifery Council (TNMC) and the Ministry of higher education, science, research, and innovation (MHESI). SON has qualified faculty staff with long experiences in teaching- learning, research, and in particular, the arrangement as the host of several international training programmes. SON offers the bachelor of nursing science in the academic year 2022. SON has followed to perform 4 missions of PIM, including provision of teaching and learning, conducting research, provision of community service, and preservation Thai culture. In the mission of "provision of community service", SON has focused to promote health



and wellness of customers across the age. Thus, early childhood is one of SON's focuses.

Early childhood is the period from conception to school entry<sup>1</sup>. This period is the golden time for early childhood because their brain growth at the fastest rate in human life, and most of them have enrolled to day care centers at the age of 2. Thus, early childhood optimal growth and development sets the foundation for lifelong learning, behavior, and health. The experiences children have in early childhood shape the brain and the child's capacity to learn, to get along with others, and to respond to daily stresses and challenges. An estimated 43 per cent of children – some 249 million – under 5 years of age in low- and middle-income countries are at risk of poor development due to extreme poverty and stunting<sup>2</sup>. Millions more are deprived of the caring and nurturing environment they need to thrive<sup>2</sup>. Evidence has also revealed that the brain-building process is fueled by adequate nutrition, protection from violence and environmental toxins, and responsive stimulation, as core elements of nurturing care<sup>3</sup>. Early childhood's future is in the hand of current grown up, especially those who are in a community.

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1. UNICEF. *Early childhood development in the UNICEF strategic plan 2018-2021*. Retrieved from <https://www.unicef.org/sites/default/files/2019-05/Early%20Childhood%20Development%20in%20the%20UNICEF%20Strategic%20Plan%202018-2021.pdf>

2. Black, Maureen M., et al. (2016). Early childhood development coming of age: Science through the life course. *The Lancet*, series 0140-6736, 16 (4), 2.

3. United Nations Children's Fund, World Health Organization, World Bank, Early Childhood Development Action Network, and The Partnership for Maternal, Newborn and Child Health (2018). *Nurturing care framework for early childhood development*. Geneva.

#### **4. Objectives:**

The program is designed to:

1. Promote nutritional status of preschool children
2. Promote executive function (EF) of preschool children
3. Prevent infection in preschool children
4. Develop the project to promote early childhood health

***The program is served sustainable development goals (SDGs) 3: Good health and well-being of early childhood***



## 5. Course Contents:

### Course contents include

1. Lecture and practice related to the topics
  - Trend of early childhood health in new normal era
  - National policy and plan to promote early childhood health: Thailand
  - Nutrition of early childhood: assessment of nutritional status & interpretation of nutritional status
  - Group practice of: Assessment and interpretation of early childhood nutritional status using scenarios
  - Development of early childhood: Assessment & interpretation early childhood development
  - Group practice of: Assessment and interpretation of early childhood development using scenarios
  - Executive function (EF) and early childhood
  - Promotion of EF to early childhood, role of community personnel (e.g., parents, early childhood teachers etc.)
  - Trends and common infectious diseases in early childhood
  - Prevention of infection in early childhood: Roles of community personnel (e.g., parents, early childhood teachers etc.)
  - Group practice:
    1. Share common infectious diseases in early childhood of your country/ community
    2. Each group designs prevention method by selecting 1 person (different person in each group) to take role such as parent, early childhood teacher
2. Presentation
3. Discussion
4. Study visit

## 6. Participants' Criteria:

Applicants must fulfill the following requirements:

- Be nominated by their respective governments;



- Education: Diploma or Bachelor degree related to health and/or community leaders
- Language: proficiency in English (speaking, reading and writing)

**Note: The program includes 25 participants**

### **7. Attendance and Evaluation**

Participants who complete the training will receive a certificate based on:

- Real-time class attendance (not less than 80%)
- Interactive class participation
- Presentation and report
- Evaluation

### **8. Venue:**

**First Week:** Monday, 21 April 2025 – Friday, 25 April 2025

The hotel closes to Don Mueang International Airport, Bangkok

**Second Week:** Monday, 28 April 2025 – Friday, 2 May 2025

The hotel in Pattaya, Banglamung District, Chonburi Province

### **9. Expected Results:**

Participants will be able to

1. Assess, analyze and interpret the nutritional status (growth and development) of early childhood
2. Develop project plan to enhance nutritional status (growth and development) of early childhood
3. Develop project plan to enhance EF of early childhood
4. Develop project plan to prevent infection of early childhood

### **10. Organization/ Institution:**

**Implementing Agency:** School of Nursing, Panyapiwat Institute of Management (PIM), Eastern Economic Corridor (EEC) campus

▪ **Contact Person:**

Professor Emeritus Dr. Wipada Kunaviktikul

Vice President of Health Science

Panyapiwat Institute of Management (PIM), Eastern Economic Corridor (EEC) campus

Address: 1 Moo 7, Baan Rai Suk Bot Road,

Na Chom Thian subdistrict, Sattahip district, Chonburi 20250

Email: [wipadakun@pim.ac.th](mailto:wipadakun@pim.ac.th)

**11. Expenditure/Funding:**

Thailand International Cooperation Agency (TICA)  
Government Complex, Building B (South Zone), 8th Floor,  
Chaengwattana Rd. Laksi District, Bangkok 10210 THAILAND  
Website: <https://tica-thaigov.mfa.go.th/en/index>  
Email: [aitc@mfa.go.th](mailto:aitc@mfa.go.th)



**Schedule for the Training Programme:**

**Course title: Early Childhood Quality in New Normal Era: Opportunities of Community Capacity  
2 Weeks during 21 April – 2 May 2025**

<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>First week : Monday-Friday at Bangkok</b>				
A team of 4 organizers will be available every day throughout the training sessions in Bangkok.				
<b>Day 1: Monday 21 April 2025</b>	08.30 am – 09.30 am	Opening ceremony	<b>Representatives from TICA PIM chief executives, School of Nursing's lecturers and team members</b>	
	09.30 am - 10.00 am	Coffee break		
	10.00 am - 10.30 pm	Program orientation	Asst. Prof. Dr. Usanee Jintrawet PIM School of Nursing	
	10.30 am - 12.00 pm	Ice breaking activities:	The 4-members of Teaching team from PIM Faculty of Liberal Arts	
	12.00 pm - 01.00 pm	Lunch		
	01.00 pm – 03.00 pm	- Trends of early childhood health in new normal era - National policy and plan to promote early childhood health: Thailand	Siriporn Kanchana M.D. Consultant of Steering committee and promote child development (To be confirmed)	
	03.00 pm – 03.30 pm	Break		
	03.30 pm – 05.30 pm	Country profile presentations among the participants (Discussion)	Asst. Prof. Dr. Usanee Jintrawet Asst. Prof. Dr. Kaitsara Sen-Ngam Asst. Prof. Tassaneeya Wangsachantanon	

			PIM School of Nursing	
	TBA	Welcome Party	<b>PIM chief executives, School of Nursing's lecturers and team members</b>	

<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>Day 2:</b> Tuesday 22 April 2025	08.30 am – 09.00 am	Register		
	09.00 am – 12.00 pm	Nutrition of early childhood - Assessment of nutritional status - Interpretation of nutritional status - Promotion of nutritional status	<b>Keynote speaker</b> Assoc. Prof. Umaporn Suthutvoravut M.D. Special lecturer Department of Pediatric, Faculty of Medicine, Ramathibodi hospital, Mahidol University <b>Facilitator</b> Asst. Prof. Dr. Usanee Jintrawet Asst. Prof. Dr. Kaitsara Sen-Ngam	
	12.00 pm - 01.00 pm	Lunch		
	01.00 pm – 2.00 pm	Trends and common infectious diseases in early childhood	<b>Keynote speaker</b> Asst. Prof. Chonnamet Techasaensiri M.D. Department of Pediatric, Faculty of Medicine, Ramathibodi hospital, Mahidol University <b>Facilitator</b> Asst. Prof. Dr. Usanee Jintrawet	



			Asst. Prof. Dr. Kaitsara Sen-Ngam	
	02.00 pm - 04.00 pm	Prevention of infection in early childhood: Roles in community	<b>Keynote speaker</b> Asst. Prof. Chonnamet Techasaensiri M.D. Department of Pediatric, Faculty of Medicine, Ramathibodi hospital, Mahidol University <b>Facilitator</b> Asst. Prof. Dr. Usanee Jintrawet Asst. Prof. Dr. Kaitsara Sen-Ngam	

<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>Day 3: Wednesday 23 April 2025</b>	08.30 am - 09.00 am	Register		
	09.00 am - 12.00 pm	Executive function (EF) and early childhood	<b>Keynote speaker</b> Dr. Yongyud Wongpiromsarn M.D., <b>Facilitator</b> Asst. Prof. Dr. Usanee Jintrawet Asst. Prof. Dr. Kaitsara Sen-Ngam	
	12.00 pm - 01.00 pm	Lunch		
	01.00 pm - 04.00 pm	Panel discussion: Promotion of EF to early childhood, role of community personnel (Local leader, parents of early childhood, teachers of day care center)	School Director, Lecturer, Community Leaders, Assoc. Prof. Wilawan Senaratana, PIM, SON (Moderator)	



Date/ Period /Topic	Time (Thailand time)	Content	Speaker/Responsible person	Note
<b>Day 4:</b> Thursday 24 April 2025	08.30 am – 09.00 am	Register		
	09.00 am – 12.00 pm	Study Trip: A nursery and kindergarten in Bangkok area where has best practice of EF application.	Asst. Prof. Dr. Kaitsara Sen-Ngam Asst. Prof. Tassaneeya Wangsachantanon	
	12.00 pm – 01.00 pm	Lunch		
	01.00 am – 04.00 pm	Study visit: Food academy, Panyapiwat Institute of Management (main campus in Bangkok) - Food and dessert for early childhood - Demonstration and practice : Dessert for early childhood	Asst. Prof. Tassaneeya Wangsachantanon, Asst. Prof. Dr Kaitsara Sen-ngam <b>PIM School of Nursing</b> <b>PIM Food Academy</b> 4-members of Teaching Team	



<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>Day 5:</b> Friday 25 April 2025	08.30 am – 09.00 am	Register		
	09.00 am – 12.00 pm	Development of early childhood	Asst. Prof. Dr. Kaitsara Sen-ngam PIM School of Nursing	
	12.00 pm – 01.00 pm	Lunch		
	01.00 pm – 04.00 pm	Group practice of -Assessment and interpretation of early childhood development: DSPM Note: Using scenarios	Asst. Prof. Dr. Kaitsara Sen-ngam PIM School of Nursing	

<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>Second week: Monday – Friday at Pattaya</b>				
A team of 2 organizers will be available every day throughout the training sessions in Pattaya.				
<b>Day 6:</b> Monday 28 April 2025	06.30 am – 07.00 am	Register		
	10.00 am – 12.00 pm	Study trip: Day care centres (DCCs) 1. Saen Suk Local Child Development Center, Saen Suk District, Chonburi province	Asst. Prof. Dr. Usanee Jintrawet, Asst. Prof. Tassaneeya Wangsajantanon, Asst. Prof. Dr. Kaitsara Sen- Ngam Jinjuta, Dr. Srisuda PIM School of Nursing	
	Afternoon 3.00 pm	Checked in Hotel in Pattaya		



<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>Day 7:</b> Tuesday 29 April 2025	08.30 am – 09.00 am	Register		
	09.00 am – 11.00 pm	-Group practice of interpretation of early childhood nutritional status - Group discussion: Plan daily menu for early childhood for a period of 1 week (Using your local area products) Food & Supplementary	Asst. Prof. Dr Kaitsara Sen-ngam, Asst. Professor Tassaneeya Wangsachantanon, and colleagues PIM School of Nursing	
	11.00 pm -12.00 pm	Group presentation of interpretation of early childhood nutritional status & early childhood menu		
	12.00 pm – 01.00 pm	Lunch		
	01.00 pm – 3.00 pm	Group discussion of Lesson learned from study visit 2 DCCs Group discussion: the issues that can be possibly applied in participants' country.	Asst. Prof. Dr. Usanee Jintrawet, Associate Prof. Tassaneeya Wangsajantanon, Dr. Jinjuta PIM School of Nursing	
	3.00 pm – 04.00 pm	Group presentation	Asst. Prof. Dr. Usanee Jintrawet, Asst. Prof. Dr. Kaitsara Saengarm, Asst. Prof. Tassaneeya Wangsajantanon PIM School of Nursing	



<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>Day 8:</b> Wednesday 30 April 2025	08.30 am - 09.00 am	Register		
	09.00 am - 12.00 pm	How to write project?	Prof. Emeritus Dr. Areewan Klunklin	
	12.00 pm - 01.00 pm	Lunch		
	01.00 pm - 04.00 pm	Group develop project to promote early childhood health	Prof. Emeritus Dr. Areewan Klunklin Asst. Prof. Dr. Usanee Jintrawet Asst. Prof. Dr. Kaitsara Sen-Ngam Asst. Prof. Tassaneeya Wangsachantanon PIM School of Nursing	

<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>Day 9:</b> Thursday 1 May 2025	08.30 am - 09.00 am	Register		
	09.00 am - 12.00 am	Group practice: 1. Share country report of current situation of infectious diseases in early childhood 2. Each group designs infection prevention for early childhood at 1) school/day care center 2) home The prevention design should include the participation of related personnel	Asst. Prof. Dr. Kaitsara Sen-ngam PIM School of Nursing	



		to early childhood, based on the background of participants geography <b>Note:</b> Group will be arranged on the basis of geographical area		
	12.00 pm - 01.00 pm	Lunch		
	01.00 pm - 04 pm	Group presentation: Infection prevention for early childhood	Asst. Prof. Dr. Kaitsara Saengarm PIM School of Nursing	

<b>Date/ Period /Topic</b>	<b>Time (Thailand time)</b>	<b>Content</b>	<b>Speaker/Responsible person</b>	<b>Note</b>
<b>Day 10:</b> Friday 2 May 2025	08.30 am - 09.00 am	Register		
	09.00 am - 11.30 am	Project presentation	Asst. Professor Dr. Usanee Jintrawet Asst. Prof. Dr. Kaitsara Saengarm PIM School of Nursing	
	11.30 am - 12.30 pm	Wrap up the training with evaluation	Asst. Professor Dr. Usanee Jintrawet	
	12.30 pm - 01.30 pm	Lunch		
	01.30 pm - 02.30 pm	- Award certificate for participants - Closing ceremony	<b>Representatives from TICA PIM chief executives, School of Nursing's lecturers and team members</b>	
	02.30 pm - 05.30 pm	Return to Bangkok		
		<b>End of the training program</b>		

**Note:** Schedule is subject to change as appropriated.