



Course Outline

International Training Course

1. Course Title: International Training Course on Ending HIV-related Stigma in Health Facilities to Achieve 95 – 95 – 95 and 10 – 10 – 10 Targets for Ending AIDS

2. Duration:

The training will be divided into 2 periods:

- 6-7 October 2022 (2 half-day workshop via online platform)
- 17 – 28 October 2022 (10 Working days for training in Thailand)

3. Background and Rational:

In 2015, the Millennium Development Goals (MDGs) were replaced by 17 Sustainable Development Goals (SDGs), each with specific targets to be achieved by 2030. Under the SDG framework, HIV is one of the targets of SDG 3: Ensure healthy lives and promote wellbeing for all of all ages (including universal access to HIV prevention services, sexual and reproductive health services, and drug dependence treatment and harm reduction services); Target 3.3: end AIDS as a public health threat by 2030.

In 2021, at the 75th Session of the United Nations General Assembly, a political declaration entitled “Political Declaration on HIV and AIDS: Ending Inequalities and Getting to End AIDS by 2030” was adopted. The Global AIDS strategy 2021 - 2026 aims to reduce inequalities that drive the AIDS epidemic and prioritize people who are not yet accessing life-saving HIV services and the Result Area 5 of the Strategy focuses on ensuring PLHIV, key populations and people at risk of HIV enjoy human rights, equality, and dignity and are free of stigma and discrimination.

HIV-related stigma and discrimination (S&D) is recognized as a barrier to achieving the SDGs and ending AIDS by 2030. Generally, fear of stigma and discrimination is the main reason people are reluctant to get tested for HIV, and that means more people are getting diagnosed late

which increases the chance of spreading HIV to others and causing death. In addition, people who are at risk but not infected may receive preventive services to prevent HIV infection.

To reduce stigma and discrimination, Division of AIDS and STIs (DAS), Department of Disease Control, as a national program manager of AIDS Prevention and Alleviation in Thailand, has collaborated with the stakeholders to develop and implement the measurement and interventions to address HIV-related stigma and discrimination in health facilities. The results of evaluation proved that the intervention is effective and well acceptance from both people living with HIV and health providers. This experience of implementation of stigma and discrimination reduction in health facilities has been disseminated and shared with other countries through several workshop and meetings during the past-5 years.

4. Objectives:

The program is designed to

- 1) To build the participants' understanding of what is stigmatization and intersecting stigma, what are factors that drive stigma, and why start at health care facilities?
- 2) To guide participants on how to develop and integrate stigma and discrimination reduction programs into their national or subnational HIV programs.
- 3) To sharing experience and lessons learned on S&D reduction of Thailand and participants' countries to ending HIV/AIDS.
- 4) To initiate networking among stigma and discrimination program manager from various countries.

5. Course Contents and Methods

5.1 Course Overview

The training program consists of 12 training days which will be divided into 2 periods;

- 1) The 2 half-day workshop through an online platform with a focus on country presentation on HIV situation and stigma and discrimination reduction program in participants' respective countries.
- 2) The 10-day training though onsite in Thailand includes various aspects of the stigma and discrimination reduction in healthcare facilities and applying for other settings, especially the community.

5.2 Course Outline

The training course outline is as follows:

1. Review HIV knowledge and epidemiology including Global target of ending AIDS
2. Concept of S&D and human rights
3. Concept of 3x4 package and continuous quality improvement (CQI)
4. Demonstration, practice, and discussion: S&D-5 activities of participatory training
5. Concept and method of continuous quality improvement (CQI) and discussion on linkage of CQI and S&D
6. Sites visit
7. S&D measurement and M&E
8. Discussion on need to know how to advocate policy maker and implement S&D reduction program in health facilities and other settings.
9. Workshop on country S&D reduction program in health facilities development.

5.3 Practices

Apart from interactive lectures, discussion, experience sharing, brainstorming, the participants will be assisted to deep understand and have more skills through practices in group and individual.

5.4 Study Trips/Field Trips

Study trip/field trip for this training will conduct after participants learn the concept and implementation at the national level already. It aims to assist participants to

- 1) Learn and understand the direct experience of the hospital in the implementation of stigma reduction in health facilities by using 3x4 intervention package.
- 2) Be motivated and having the proper way to start up the stigma reduction in a health facility in their respective countries.

To learn with the direct experience of different circumstance, the participants will visit the hospital participating in the S&D reduction program both in Bangkok; Taksin Hospital and Health Center, and Regional and Community Hospitals in Songkhla. In addition, participants will have an opportunity to visit community/NGOs/PLHIV network working with the hospitals to reduce S&D and meet with the team of Bangkok Metropolitan Administration and Provincial Health Office of Songkhla province who are responsible for the overall view and drive the strategic and action plan to reduce S&D in the province.

5.5 Advance Assignments

1) Country Report

Participants are required to prepare a paper detailing the country profile on HIV/AIDS situation and S&D related to HIV and key affected population. The country profile should be submitted to the ITC via e-mail: itcthaitraining@gmail.com before 1 week of training for duplication and distribution. For the form of a country profile, please see in the enclosed template.

2) Reading Assignment

Before training, those who have been selected for training must review and bring the following information to the training for discussion and making the project/plan:

- 1) HIV/AIDS situation in your country:
 - Epidemiology and psychosocial.
 - Stigma and discrimination situation.
 - Law and regulation related to HIV/AIDS.
- 2) Existing national policy/strategic plan/framework/program/intervention for prevention and alleviation on HIV/AIDS, and in particular the issue related to stigma and discrimination.
- 3) Concept of stigma and discrimination, human rights, measurement, and solutions for reducing stigma and discrimination.

3) Project Assignment

Participants will be divided into small groups to develop an action plan/project for their own countries in the morning of the last day and present to experts in the afternoon.

4) Others

Participants must present the country profile on the 2 half-day workshop before the 10-day training in Thailand. Thus, participants need to prepare a country presentation and send the presentation to ITC via e-mail: itcthaitraining@gmail.com before 1 week of the 2 half-day workshop. The presentation last 10 minutes each, with 5 minutes for discussion and question and answer.

6. Participants Criteria:

Applicants should have the following qualifications:

6.1 General qualifications:

- Be nominated by their respective government
- Age between 27 to 50 years old.

- Be in good physical and mental health in order to undergo and be able to attend the entire course.

- Have good command of spoken and written English.

6.2 Specific qualification:

1) Work in HIV/AIDS Program as

- National or subnational HIV program officer in management/coordination level.
- Hospital sector in management/coordination level.
- Civil Society Organization/NGO (must have project in cooperation with national AIDS program office/subnational HIV program office/hospital).

2) Have experiences/skill in facilitating activities of participatory training.

3) Expected to continue working in stigma and discrimination reduction program/project after finishing this course.

Additionally, participants who come as a team according to the following elements will be given special consideration:

1) 1 applicant working for National or subnational HIV program officer in management/coordination level

2) 1 applicant working for hospital sector in management/coordination level.

3) 1 applicant working for Civil Society Organization/NGO (must have project in cooperation with national AIDS program office/subnational HIV program office/hospital).

7. Venue

The training and accommodation will be held and arranged at hotel in Bangkok and Songkhla province.

8. Expected Results:

At the completion of training, the participant will be able to

1) Better understand on concept, factors, impacts of stigma and discrimination in health facilities, as well as having positive attitudes toward PLWH and key affected populations, the mean of post-test scores is significantly higher than that of the pre-test.

2) Participants can develop action plan for reducing stigma and discrimination related to HIV and key affected populations in their settings using lesson learned from the training.

Also, the knowledge/skills gained from the course could be applied to the work responsibility of participants. In addition, if the curriculum and the training are achieved, it will be proposed to organize the on-site coaching under the South - South Cooperation in order to strengthen S&D reduction program in their countries.

9. Evaluation

1) All participants with at least 80% of training attendance will be given a certificate of attendance issued and signed by the Department of Disease Control.

2) Knowledge, attitudes and skills of participants will be evaluated by using pre-test and post-test questionnaire. Pre-test will be applied before the initiation of the training course and a post-test will be conducted using the same questionnaire at the end of the course. The results will be made known to each individual with the average score of the class. At the completion of training, it is expected that the mean of post-test scores will be significantly higher than that of the pre-test.

3) Also, at the end of the training course, participants will be required to evaluate the overall training in terms of the session usefulness, materials, and the information and knowledge gained. Recommendations and suggestions on the training curriculum will be needed.

10. Organization/Institution:

10.1 Implementing Agency:

The International Training and Collaboration Group (ITC),

Division of AIDS and STIs, Department of Disease Control, MOPH, Thailand

E-mail: itcthaitraining@gmail.com

10.2 Contact Persons:

Responsible persons:

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11. Expenditure/Funding:

Thailand International Cooperation Agency (TICA)
Government Complex, Building B (South Zone), 8th Floor,
Chaengwattana Rd. Laksi District, Bangkok 10210 THAILAND
Website: <https://tica-thaigov.mfa.go.th/en/index>
Email: aitc@mfa.mail.go.th

Schedule for the Online Training Programme

Date/ Period /Topic	Time (Thailand time)	Content	Speaker	Note
6 Oct 2022	10.00 – 13.00	Country Presentation	Participants	-
7 Oct 2022	10.00 – 13.00	Country Presentation	Participants	-

Schedule for the On-site Training Programme

Day/Time	08.30-10.30	10.30-12.00	12.00-13.00	13.30-16.00	18.30-21.00
17 Oct 2022 Monday	<ul style="list-style-type: none"> ▪ Registration ▪ Opening remark ▪ Group photo ▪ Pre-test ▪ Introduction of participants ▪ Course orientation 	Module 1: Review HIV management epidemiology	Lunch	Module 1: Review HIV management epidemiology	Welcome Dinner
18 Oct 2022 Tuesday	09.00-12.00		12.00-13.00	13.30-16.00	
	Module 2: Concept of S&D and Human Right			Module 3: Concept of 3x4 package and linkage with CQI process	
19 Oct 2022 Wednesday	09.00-12.00		12.00-13.00	13.30-16.00	
	Module 4: Demonstration: S&D activities of participatory training			Module 4: Demonstration: S&D activities of participatory training	
20 Oct 2022 Thursday	09.00-12.00		12.00-13.00	13.30-16.00	
	Module 5: Concept and method of Continuous Quality Improvement (CQI)			Module 6: Site visit at Taksin Hospital, BKK	

21 Oct 2022	09.00-12.00		12.00-13.00	14:00
Friday	Module 7: S&D Measurement and M&E			Cultural visit Gland Palace
Saturday	Weekend			
Sunday	Weekend			
Day/Time	09.00-16.00			
24 Oct 2022	Travel to Songkhla			
Monday				
25 Oct 2022	08.00	09.00-12.00	12.00-13.00	13.30-16.00
Tuesday	Leave the hotel	Module 6: Site Visit at Chana Hospital		Module 6: Site Visit at Chana Hospital
26 Oct 2022	08.00	09.00-12.00	12.00-13.00	
Wednesday	Leave the hotel	Module 6: Site Visit at Hat Yai Hospital		Go to the airport Travel to BKK
27 Oct 2022	09.00-12.00		12.00-13.00	13.30-16.00
Thursday	Module 8: Discussion on need to know how to implement 3x4 package of S&D reduction in health facilities			Module 9: Workshop on country S&D reduction program in health facilities development.
28 Oct 2022	09.00-12.00		12.00-13.00	13.30-16.00
Friday	Module 9: Workshop on country S&D reduction program in health facilities development.			Conclusion Post-test, Evaluation Closing & Certificate