

Annual International Training Course: AITC

Theme: Public Health

- 1. Course title:** Community Empowerment to Promote Healthy Early Childhood
(Online Training Course)
- 2. Course duration:** 3 weeks
- 3. Background and rational**

Early childhood, from birth until five years old is an important stage of life because of rapid brain growth. Thus, early childhood health should be promoted to optimize physical, social, and intelligent characteristics through brain development. The emphasis should be on good nutrition, oral hygiene, preventing and monitoring diseases, and accident and poison prevention. For these promotions to be effective, they should be implemented from an interdisciplinary team in combination with support from various organizations including the family, a community organization, a local administrative organization, a district health promotion hospital or educational institutions. This team should deal with problems and health and or nursing management of the following: pregnant women with obstetric and medical complications, adolescent pregnancy and unwanted pregnancy, women with perinatal loss, concepts, theories and evidence-based related to holistic care of illness children, psychosocial concepts and child care, children with common acute and chronic illness; preterm and risk neonates and the impact of illness on children, families and community.

Community empowerment is the process by which people gain control over the factors and decisions that shape their lives. This approach engages the full community in order to 1) increase people's skills, knowledge and confidence, and instill in them a belief that they can make a difference; 2) recognize that discrimination exists, promote equality of opportunity and good relations between different groups and challenge inequality and exclusion 3) bring people together around common issues and concerns in organizations and groups that are open, democratic and accountable; 4) build positive relationships across groups, identify common messages, develop and maintain links to national bodies and promote working partnerships; and 5) encourage and equip communities to take part and influence decisions regarding services and activities. Empowering the community will encourage people to understand the needs of other communities and use the resources allocated to them for promoting healthy pregnancy and children during their first five years of life.

The Faculty of Nursing, Chiang Mai University recognizes the significance of human resource development, particularly of public health personnel who are promoting family participation and capacity

building. Therefore, the training program for healthy pregnancy and children during their first five years of life, has been developed by the FON with full support of the Thailand International Development Cooperation Agency of Ministry of Foreign Affairs, Royal Thai Government. This training will provide the participants with an effective strategy to apply essential knowledge, experience and skill in promoting and developing healthy pregnancy and children for their first five years of life. This training can provide participants to develop similar policies in their home countries.

4. Objectives

Following the training, the participants will be able to:

1. Explain concepts, theories and evidence-based related to community empowerment to achieve the quality development of the community.
2. Explain concepts, theories and evidence-based related to promote health and illness prevention in healthy children and children with health risk from newborn to early childhood according to physical, psychological, social and spiritual health problems and needs.
3. Analyze problems and health care management of early childhood

5. Course Contents

5.1 Course Outline

- 5.1.1 Current situation of early childhood.
- 5.1.2 Capacity building for developing the quality of child development center by using family and community-based approach
- 5.1.3 Empowerment family and community participation for promoting growth and development of early childhood
- 5.1.4 Concepts, theories and evidence-based related to promote health and illness prevention among preterm and normal newborn according to physical, psychological, social and spiritual health problems and needs
- 5.1.5 Problems and health care management of early childhood by using community based approach
- 5.1.6 Palliative care for early childhood
- 5.1.7 Development of Grandparents Raising Grandchildren Program in Skipped-generation Family
- 5.1.8 Development of brain executive function (BEF) in early childhood by family and school.

5.2 Field studies (Presentation by VDO Clip)

5.2.1 Child development center

5.2.2 Primary health care setting

All participants prepare a presentation about field study which includes the following the questions:

1. What have you learnt from this field in terms of empowering stakeholder to promote quality of Child Development Center and Primary health care unit?
2. How could you apply what you have learnt from this field visit to your country?

5.3 Advance Assignments

5.3.1 Country Report

All participants prepare a report about their country which includes the following information:

1. Situation of growth and development, infectious diseases, and chronic disease of early childhood in your country
2. Best practice to promote health and illness prevention in healthy children and children with health risk from newborn to early childhood.
3. Expectations for the training course

6. Number of participants: - persons

7. Expected Results

Following training, all participants will be able to apply knowledge, experiences, and skills in community management and empowerment to promote healthy early childhood

8. Venue

This three-week course will be conducted in July 7 - 23, 2021 (Online)

9. Evaluation

9.1 Learning exercise

9.2 Online class participation and discussion

9.3 Presentation and report

9.4 Evaluation form

10. Institution

10.1 Executing/Implementing Agency

- Thailand International Development Cooperation Agency (TICA)
- Faculty of Nursing, Chiang Mai University.

10.2 Project Proposer

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10.3 Project Coordinators

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11. Expenditure/funding

- Thailand International Development Cooperation Agency (TICA)

Online International Training Course
on “Community Empowerment to Promote Healthy Early Childhood”

during July 7 - 23, 2021

Organized by Faculty of Nursing, Chiang Mai University, Thailand

With the support of the Thailand International Cooperation Agency (TICA)



Time	Topic	Speaker/Facilitator
Week 1		
Wednesday, July 7, 2021		
13.30 – 14.00 p.m.	- Opening Ceremony	- CMU President & Dean, FON, CMU
14.00 – 14.30 p.m.	- Orientation to the course (L = 0.5 hrs.)	- Assist. Prof. Dr.Jutarat Mesukko
14.30 – 16.00 a.m.	- Getting to know you (P = 1.5 hrs.)	- Assoc.Prof. Dr.Jutamas Chotibang - Mr.Weerachat Kaewpradit and team
Thursday, July 8, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	- Situation of early childhood in Thailand - Ecological system theory for early childhood	- Assoc. Prof. Dr.Jutamas Chotibang - Assoc. Prof. Dr.Jutamas Chotibang
Friday, July 9, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	- Capacity building for developing the quality of child development center by using family and community-based approach	- Assoc. Prof. Dr.Decha Tamdee
Sat/Sun, July 10-11, 2021		
Weekend		

Time	Topic	Speaker/Facilitator
Week 2		
Monday, July 12, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	- Empowerment family and community participation for promoting growth and development of early childhood	- Assoc. Prof. Dr.Jutamas Chotibang
Tuesday, July 13, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	- Concepts, theories and evidence-based related to promote health and illness prevention among preterm and normal newborn according to physical, psychological, social and spiritual health problems and needs - Problems and health care management of preterm and normal newborn	- Assoc. Prof. Dr.Patcharee Woragidpoonpol - Assist. Prof. Dr.Nethong Namprom
Wednesday, July 14, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	- Concepts, theories and evidence-based related to promote health and illness prevention among children with chronic illness - Problems and health care management of children with chronic illness	- Assist. Prof. Dr.Nuttanicha Sriboonyawattana

Time	Topic	Speaker/Facilitator
Thursday, July 15, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	<ul style="list-style-type: none"> - Concepts, theories and evidence-based related to promote health and illness prevention among children with acute illness - Problems and health care management of children with acute illness 	<ul style="list-style-type: none"> - Assist. Prof. Dr.Thitima Suklertrakul, - Lecturer Nattaporn Ontrakrai - Lecturer Suwimol Daroonratsamee
Friday, July 16, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	- Palliative care for early childhood	-Assist. Prof. Dr.Jutarat Mesukko
Sat/Sun, July 17-18, 2021 Weekend		
Week 3		
Monday, July 19, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	- Development of Grandparents Raising Grandchildren Program in Skipped-generation Family	- Assoc. Prof. Dr.Patcharee Woragidpoonpol
Tuesday, July 20, 2021		
13.00 – 16.00 p.m. (L = 3 hrs.)	- Development of brain executive function (BEF) in early childhood by family and school	-Assoc. Prof. Dr.Jutamas Chotibang
Thursday, July 21, 2021		
13.00 – 16.00 p.m. (P = 3 hrs.)	Field study: Child Development Center at Sankampang district, Chiang Mai province.	<ul style="list-style-type: none"> - Assoc. Prof. Dr.Jutamas Chotibang - Assist. Prof. Dr.Nethong Namprom - Assoc. Prof. Dr.Patcharee Woragidpoonpol - Assist. Prof. Dr.Thitima Suklertrakul - Assist. Prof. Dr.Jutarat Mesukko

Time	Topic	Speaker/Facilitator
Thursday, July 22, 2021		
13.00 – 16.00 p.m. (P = 3 hrs.)	Field study: Primary health care unit at Wiang Nong Long, Lamphun.	<ul style="list-style-type: none"> - Assoc. Prof. Dr.Jutamas Chotibang - Assist. Prof. Dr.Nethong Namprom - Assoc. Prof. Dr.Patcharee Woragidpoonpol - Assist. Prof. Dr.Thitima Suklertrakul - Assist. Prof. Dr.Jutarat Mesukko
Friday, July 23, 2021		
13.00 – 16.00 p.m. (P = 2 hrs.)	<ul style="list-style-type: none"> - Warp up and evaluation course - Closing Ceremony 	<ul style="list-style-type: none"> - CMU President & Dean, FON, CMU - Assoc. Prof. Dr.Jutamas Chotibang - Assist. Prof. Dr.Nethong Namprom - Assoc. Prof. Dr.Patcharee Woragidpoonpol - Assoc. Prof. Dr.Decha Tamdee - Assist. Prof. Dr.Thitima Suklertrakul - Assist. Prof. Dr.Nuttanicha Sriboonyawattana - Assoc. Prof. Dr.Pimpaporn Klunklin - Assist. Prof. Dr.Jutarat Mesukko - Lecturer Wannita Sonkongdang - Lecturer Nattaporn Ontrakrai and - Lecturer Suwimol Daroonratsamee - Mr.Weerachat Kaewpradit
Sat/Sun, July 24-25, 2021		
Weekend		

Hour Conclusion:

Lecture = 27.5 hours

Practice = 9.5 hours