Theme: Palliative Home Care (Online Course)

1. Course Title: International Training Program for Palliative Home Care

2. Course Duration: 17 days

3. Background and Rational

Palliative care is the holistic care designed for the patients, including their families, who are facing life-threatening or serious illness. This palliative care is to optimize comfort and/or quality of life of the patients and their families by preventing and relieving suffering and other distressing symptoms (World Health Organization [WHO], 2019). Currently, this palliative care is greatly important for our global society which is changing and will become as an aging society and then an aged society finally; that means that there will be the number of the world's population over 60 years nearly double from 12% to 22%, about 2 billion. These elderly people commonly have body function and organ deterioration(s), which brings about at least one disease (92%) or two diseases (77%) (National Council on Aging cited in Health Science Center, 2016). WHO (2019) stated that the most common diseases are cardiovascular diseases (38.5%), cancer (34%), chronic respiratory diseases (10.3%), acquired immune deficiency syndrome (HIV/AIDS) (5.7%) and diabetes mellitus (4.6%), including kidney failure, chronic liver disease, multiple sclerosis, Parkinson's disease, rheumatoid arthritis, neurological disease, dementia, congenital anomalies and drug-resistant tuberculosis. These chronic diseases have become the critical cause of death in the world as well. By the report of WHO (2019),71% of deaths due to ischemic heart disease (IHD), 75% of deaths due to stroke, and/or 70% of deaths due to diabetes, especially in developing countries in which 79% of deaths are contributed from these chronic diseases. Chronic diseases are mostly provoked by people behaviors, called non-communicable diseases [NCD], which have to be responded by the community healthcare team to help people adjust their behaviors far from these NCD diseases and to provide the quality care for them. That is, the public health implications should beconcerned and become apparently in order to decrease the increasing rate of chronic diseases.

In the current fact, the number of chronic diseases is still increasing in the world annually, Producing abundant burdens on worldwide people. Importantly, based on the trajectory of chronic illness, most people need to face suffering and distress from this illness for a long time inevitably before their death phenomena, especially during dying or end-of-life phase as well as terminal phase. Predictably, their suffering duration tends to be longer along with the human life expectancy as well. That means, they have to have discomfort, suffering, and distressing experiences encompassing physical, psycho-spiritual, social-

cultural, environmental aspects (Kolcaba, 2003), for example, fatigue 52%, pain 50%, and dyspnea 32% (Woo, Lo, Cheng, Wong, &Mak, 2011). Congruent with the work of Tanatwanit (2011) studied Comfort as experienced by Thai older patients with advanced cancer patients (N =111), the result revealed thatthe most common symptoms of the patients werepain, sleeplessness, no appetite, nausea/vomiting, worry, fear, meaning of life/spiritual impact, communication problems, need of home-like care etc.

The suffering from chronic or dying illness does not only affect the patients but it has also influenced their family or family members a lotsince the diagnosis perceived until the death occurrence, including after death session. Obviously, the consequences of this illness decline the quality of life of most people in the world, especially in developing countries (WHO, 2019). Thus, these people need help to alleviate and eliminate their discomfort, suffering, and distress. At the same time, promoting the quality of their lives also needs to be done.

Palliative care is the significant care which can respond well to chronic illness in before, during, and after death, or any time of stage of serious illness. Its golden goals aim to promote comfort of all aspects and quality of life of patients and their families (Egan & Labyak, 2010; Ferrell, 2005, Supplement 1). Nowadays, palliative care service can provide in settings: hospitals (as out-patient, in-patient, day care, or respite care), hospice centers, homes etc. However, palliative home care is the most critical concern because the home of the individual patient is studied and accepted as the most preferred place in which the patient desires to spend his/her last life with his/her loved family members. Supported by the study of Shin, Hu, Cheng, Yao, Chen, Lin et al. (2015) about the preferred place at end-of-life illness and of death of 310 patients (response rate 77.5%), it found that the patients want to receive care at home 60.6% and desire to die at home 66.5%. That is palliative home care, congruent to another studies(Ali, Capel, Jone, & Gazi, 2019; Skorstengaard, Neergaard, Andreassen, Brogaard, Bendstrup, Lokkeet al., 2017). But there are many dying patients have to die at healthcare settings. Furthermore, although some of these patients can receive home care, they do not receive quality palliative home care. Supported WHO (2019), its information demonstrated that there are about 40 millionof population who are in need of palliative care, especially found about 78% in low-and middle-income countries. In addition, it showed that there are only 20 countries (from 234 developing countries) able to integrate palliative care in the healthcare system well, while 42% had no palliative care services at all. That is because of some barriers, eg. palliative care/palliative home care is not included in the national health policy or system, population access to get medications (such as opioid to relief pain) are unavailable or inadequate, and, importantly, training on palliative care for healthcare professionals is often limited or non-existent. Thus, palliative care/palliative home care needs to beaddressed, improved, or integrated in the national healthcare system to promote

comfort and quality of life of people/patients facing illness experience. Most importantly, Healthcare personnel, especially registered nurses, should have to be educated and trained on palliative care in order to have sufficient competency for palliative home care provision.

Note: For palliative care and palliative home care, our faculty of nursing has the faculty members who are interested in, study, and have expertise on palliative care and cancer care, including end-of-life care. We provide course training for palliative care for Thai RNs, and collaborate with other organizations (: Thai Health Promotion Foundation, National Research Council of Thailand, Palliative care Nursing Scholar Team etc.) which support funding to do research about palliative care and end-of-life care. In addition, we collaborate with Chonburi Cancer Hospital to develop the course for training clinical teachers and Cancer nursing care program for 4 months. Furthermore, our faculty members collaborate and participate in international conferences to exchange the knowledge about palliative care and end-of-life care, for example Taiwan and Singapore. Importantly, we visited to study palliative care, end-of-life care, and hospice care in America (at Kent state and Cleveland, Ohio state), Singapore, Japan, Taiwan and London (St. Christopher's hospice—the first hospice center in the world). Thus, we believe that we have sufficient potential to provide academic service for palliative home care.

- 4. Objectives: After the training on palliative home care, participants will be able:
 - 1. To explain the concept of palliative care and palliative home care
 - 2. To explain the concepts related to palliative care and palliative home care
 - 3. To explain and have skills on using the Palliative performance scale and doing advanced care plan
 - 4. To explain palliative care provision in hospitals and its network, and Cancer hospitals

5. Course Contents:

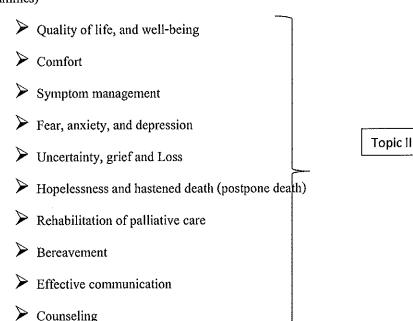
5.1 Course outline:

- I. Objective: To understand the Palliative care/palliative home care concept:
 - 1. Introduction: Overview of global Palliative care/palliative home care
 - 2. Palliative care/palliative home care concept
 - 3. Development of palliative care/palliative home care
 - 4. Models of palliative care
 - 5. Palliative home care model

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Topic I

- 6. Development of palliative care/palliative home care in Thailand
- II. Objective: -To better understand the concepts related to palliative care/palliative home care concept
 - Concepts related to palliative care/palliative home care concept (for patients and their families)



- III. Objective: To understand the important domains of how to develop palliative care service in the healthcare system
 - 8. Eight domains of palliative care (National Consensus Project for Quality of Palliative

 Care—NCP)

 Topic III
 - 9. Palliative care team, and referring system and networks
 - 10. Law and ethical issues in the context of palliative care
- IV. Objective: To understand Core competencies of registered nurses for palliative care provision
 - 11. Core competencies of palliative care nurses
- V. Objective:-To have ability to assess a patient who needs palliative care as well as End-of-life care
 -To understand how to do advanced palliative care plan
 - 12. How to identify patients who need palliative care: Palliative performance scale
 - 13. Evidence based practice: Advanced care plan
- VI. Objective: -To explain palliative care in a community network (example, in patients with cerebrovascular diseases and caregivers) หมายเหตุ แถบสีเหลือง คือ สิ่งที่เพิ่มเติม หรือแก้ไข

- 5.2 Practices: Visit study and clinical practice--case study (Online: VDO or/and Live)
 - 1. Camillian Social Center (Kids with the HIV/AIDS Virus and Disabilities), Rayong province
 - 1) To learn palliative care service for HIV/AIDS people by Non-governmental organization (NGO)
 - MahaVajiralongkornThunyaburiHospital (is the Cancer hospital which services House Hospice and Palliative care unit)
 - 1) To learn palliative care provision in Hospice and Palliative care unit
 - 3. Karuna Community services (Compassion service)
 - 1) To learn community-based palliative care (Spiritual support) by NGO
 - 4. Wat phrabat NamPhu, Lopburi province (A temple)
 - 1) To learn community-based End-of-Life care: Spiritual support by monks
 - 5. Chonburi Cancer Hospital, Chonburi province
 - 1) To learn palliative care system in the cancer hospital/Healthcare setting
 - 1) To learn how to assess individual cancer patients by Palliative performance scale
 - 2) To learn to identify the impacts conceptualized on individual cancer patients
 - 6. Abhaibhubeihr College of Thai Traditional Medicine, Prachinburi province
 - To learn Thai Traditional Medicine as complementary treatment (herbs, Thai massage etc.)
 - 7. Palliative Care in a Community network, Saensook municipality
 - 1) To learn palliative care in a community network
 - 2) To learn the referral system from the hospital center to community hospital and then to the community setting as *home palliative care* service
- 5.3 Study trips/Field trips
 - City tour around Bangsaen (Beautiful breach with Setting Sun View, and Fishing Villages)
 - 1) Institute of Marine Science, Burapha university
 - 2) Beautiful and Sacred Naja Chinese Temple, Chonburi province
 - 3) Wicker handmade at Village, Market, and Museum, Phanat Nikhom district)

*** Course schedule--Palliative Home Care (Attached file 1)

5.4 Assignments

Advance assignments

- 1) Country Report including:
 - a. Statistical data of chronic illness and death as well as its causes
 - b. Description of national health care system (focusing on the palliative care system integrated if having)
 - c. National health policy for palliative care system
 - d. Reading articles relating to each topic based on the course training

Class assignments

- 1) Individual reflection (every topic, only 1 page)
- Group meeting for learning experience summarization and presentation (Group work)
- 3) Practice to assess the palliative care need of the patient and to identify the critical problems of the patient, conceptualized. (Select only 1 patient from your clinical experience, case study, briefly)
- 4) Writing a project: How to develop/integrate/improve palliative care system in your healthcare system continuing to home palliative care (Only 2 pages (A4 paper/individual)

6. Participant criteria:

The participants should meet the criteria:

- 1) The participants are registered nurses (RN) who have nursing experience at least 1 year.
- 2) The participants work in hospital or community base.
- 3) Able to participate in the training course for the entire time (100% of all sessions)
- 4) No any physical and psychological health problems as barriers to participate in the course training.
- 5) Having sufficient English potential for communication: Speaking, writing, and listening
- 6) Computer literacy, able to access every online class.

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***The Number of participants: 30 registered nurses

7. Venue: Online course

8. Expected results:

After attending the training course,

- the participants have knowledge, attitudes, important skills and confidence sufficient to provide palliative home care—evaluated by the questionnaire.
- 2) the participants can explain how to address palliative home care in their healthcare systemevaluated by the project assigned.

9. Evaluation:

- 1) Learning activities and Class participation (100%)
- 2) Presentation (5 times)
- 3) Reflection (4 topics)
- 4) Giving the Certificate for the course completion (only the persons who access every class session with actively learning, all time of the class)
- 10. Institution: Faculty of Nursing, Burapha University, Chonburi, Thailand
 169 Long-Hard Bangsaen Road, Tambon Saensook, Amphur Muang,
 Chonburi 20131, Thailand.

Tel. 66-0-3810-2222 Ext 2880, Fax. 66-038-393746

Contact: Assistant Professor Dr. Pornchai Jullamate, Dean of Faculty of Nursing

E-MAIL address: pornchai@buu.ac.th Tel. 66-0-3810-2222 Ext 2808

Contact: Assistant Professor Dr. Yupin Tanatwanit, Chairman of the Executive Committee for Academic Service

E-MAIL address: ytanat@hotmail.com Tel. 66-0-3810-2222 Ext 2863

11. Expenditure/Funding:

The budget of the International Training Program for Palliative Home Care was demonstrated as The attached file 2.

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Online Course: Training Program for Palliative Home Care (PHC)

Training period: July 5th, 7th, 9th, 12th, 14th, 16th, 19th, 21sh, 22nd, and 27th, and August 2nd, 4th, 6th, 9th, 11th, 13th, and 16th 2021 (Total 17 days)

Time period: 00:30-05:30 p.m. = 5 hours/day (with Special session)

Number of the trainees: 30 persons (Registered nurses)

Teaching Team of Training Program for Palliative Home Care (11 persons):

- 1. Assist. Prof. Dr. Pornchai Jullamate (Project Advisor)
 - Assist. Prof. Dr. Yupin Tanatwanit (Project Leader)
 - Assoc. Prof. Dr. Chanandchidadussadee Toonsiri
- Assist. Prof. Dr. Jinjutha Chaisena
- Assist. Prof. Dr. Narumon Teerarungsikul
- Assist. Prof. Dr. Pichamon Intaput
- Assist. Prof. Dr. Nareerat Boonnate . . . 8
- Assist. Prof. Dr. Chutima Chantamit-O-Pas
- 9. Dr. Jantana Koedbangkham
- 10. Ajarn Nontakorn Damnong
- 11. Ajarn Warisa Kanbuala

Room and computer personnel = 5 persons

Activities: 2 types

- 1. Cultural activities 4 visits (Bangsaen (Beautiful breach with Setting Sun View, & Fishing Villages), Beautiful and Sacred Naja Chinese Temple, Institute of Marine Science, and Wicker handmade at Village, Market, and Museum)
 - services, Wat phrabat NamPhu, Chonburi Cancer Hospital, Abhaibhubejhr College of Thai Traditional Medicine, & Palliative Healthcare services 7 settings (Camillian Social Center, Maha Vajiralongkorn Thunyaburi Hospital, Karuna Community Care in a Community network) તં

Course Schedule

July 5th

Time	Opening Day
00:30-01:00 p.m.	Classroom opened to register
01:00-01:30 p.m.	Welcome to Burapha University by the President Assoc. Prof. Dr. Watcharin Gasaluck
01:30-02:00 p.m.	Welcome to Faculty of Nursing, Burapha University by the Dean Assist. Prof. Dr. Pornchai Jullamate
02:00-02:30 p.m.	Welcome to the Training Program for Palliative Home Care by the Project Leader-Assist. Prof. Dr. Yupin Tanatwanit, and the team.
02:30-03:15 p.m.	Introduce: > Burapha University by Assist. Prof. Dr. Yupin Tanatwanit > Faculty of Nursing by Assist.
03:15-04:15 p.m.	Introducing session (with an individual background) (~2 mins/person) > Team of the Training Program for Palliative Home Care > Trainees/participants (30 persons)
04:15-04:30 p.m.	Break 16 persons (Teaching Team = 11 persons, Room and computer personnel = 5 persons)
04:30-05:00 p.m.	Orientation for the courseTraining Program for Palliative Home Care by Assist. Prof. Dr. Yupin Tanatwanit
05:00-05:30 p.m.	Discussion (Questions & Answers) Room closed

Special Session

ity tour around Bangsaen (Beautiful breach with Setting Sun View, and Fishing Villages)	by Ajarn Nontakorn Damnong (************************************	
.m.d 06:30-06:30		

July 7th

Training Activities	.m. Classroom opened to register	1. Topic: Concepts of Palliative (Home) Care 1. Introduction: Overview of global palliative care/palliative home care (1 hour) 2. Palliative care/palliative home care concepts (1.5 hours) 3. Development of palliative care/ palliative home care ((1.5 hours) Lecturer: Assist. Prof. Dr. Yupin Tanatwanit	o.m. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m.	01:00-05:00 p.m.	05:00-05:30 p.m.

Special Session

1. Visit study: Beautiful and Sacred Naja Chinese Temple	Group Leader: Assist. Prof. Dr. Chutima Chantamit-O-Pas, and Ajarn Nontakorn Damnong (T.Live)	
05:30-06:30 p.m.		

July 9 th	
Time	Training Activities
00:30-01:00 p.m.	Classroom opened to register
01:00-05:00 p.m.	 Topic: Concepts of Palliative (Home) Care Models of palliative care (1 hour) Palliative home care model (1 hour) Laws and Ethical issues in palliative care context (1 hour) Development of palliative care/ palliative home care in Thailand (1 hour) Lecturer: Assist. Prof. Dr. Yupin Tanatwanit
05:00-05:30 p.m.	Discussion (Questions & Answers) by Teaching team

July 12th

Time	Training Activities
00:30-01:00 p.m.	Classroom opened to register
01:00-05:00 p.m.	1st Presentation: Country Report by an individual (Assignment) (3 mins/person)
	Statistical data of chronic illness and death as well as its causes
	> Description of national health care system (focusing on the palliative care system integrated if having)
	➤ National health policy for palliative care system
	Reading articles relating to each topic based on the course training
	Evaluation and suggestion by the PHC Teaching team
05:00-05:30 p.m.	Discussion (Questions & Answers)

Special Session

- TEPANNONIA -				
2. Visit study: Institute of Marine Science, Burapha University (I. VDO and Live)	by Dr. Jantana Koedbangkham,	Ajarn Nontakorn Damnong, and	Ajarn Warisa Kanbuala	
05:30-06:30 p.m.				

July 14th

Training Activities	Classroom opened to register	3. Visit study: Palliative Care Service by a Non- Governmental Organization Camillian Social Center (Kids with the HIV/AIDS Virus and Disabilities), Rayong province	Introduction: Camillian Social Center Palliative policies, system, and service for HIV/AIDS people Lecturer: Director/Personnel of Camillian Social Center	Visit study: Camillian Social Center (II. VDO and Live)	Group Leaders: Dr.Jantana Koedbangkham Assist. Prof. Dr. Chutima Chantamit-O-Pas Ajarn Nontakorn Damnong	n. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m.	01:00-05:00 p.m.				05:00-05:30 p.m.

July 16th

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Training Activities	Classroom opened to register	Maha Vajiralongkorn Thunyaburi Hospital, Pathum Thani province, (Hospice and palliative care unit, Cancer Hospital) Introduction: Maha Vajiralongkorn Thunyaburi Hospital Policies and concepts of palliative care and hospice care for cancer patients (1.5 hours)	Lecturer: Director/Personnel of Maha Vajiralongkorn Thunyaburi Hospital Visit study: Hospice and palliative care units (III. VDO and Live)	Group Leaders: - Assist. Prof. Dr. Yupin Tanatwanit - Assist. Prof. Dr. Jinjutha Chaisena Dallas - Assist. Prof. Dr. Chutima Chantamit-O-Pas - Dr. Jantana Koedbangkham	n. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m.	01:00-05:00 p.m.			05:00-05:30 p.m.

July 19th

$\mathbf{July}\ 21^{\mathrm{st}}$

Time Training Activities	00:30-01:00 p.m. Classroom opened to register	01:00-05:00 p.m. II. Topic: Concepts related to palliative care/palliative home care concept (for patients and their families) 1. Quality of life, and Well-being 2. Comfort Lecturer: Assist. Prof. Dr. Yupin Tanatwanit 3. Symptom management 4. Fear, anxiety, and depression 2 (2 hours) Lecturers: Assist. Prof. Dr. Jinjutha Chaisena Dallas	Assist. Prof.Dr. Chutima Chantamit-O-Pas Dr. Jantana Koedbangkham 05:00-05:30 p.m. Discussion (Questions & Answers) by Teaching team
Tin	00:30-01:	01:00-05:	05:00-05:

July 22nd

				,							
Training Activities	1. Classroom opened to register	5.	Spiritual palliative care (1.5 hours)	<u>Lecturers:</u> Assist. Prof. Dr. Jinjutha Chaisena Dallas Assist. Prof. Dr. Pichamon Intaput	Karina Comminity services (Compassion service) as Comminity, Based Palliative Care	inataria community services (compassion service) as community-based i amarive care	Policies and Community-Based Palliative Care (1 hour)	<u>Lecturer:</u> Personal of Karuna Community services	Visit study: Karuna Community services (Compassion service)	Group Leaders: Assist. Prof. Dr. Pichamon Intaput	n. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m.	01:00-05:00 p.m.									05:00-05:30 p.m.

 $July 27^{th}$

Training Activities	n. Classroom opened to register	n. II. Topic: Concepts related to palliative care/palliative home care concept (for patients and their families)	5. Uncertainty, and Grief and Loss 6. Hopelessness and Hastened death (postpone death) 7. Rehabilitation of palliative care 8. Bereavement	<u>Lecturer:</u> Assist. Prof. Dr. Jinjutha Chaisena Dallas Assist. Prof. Dr. Pichamon Intaput Dr. Jantana Koedbangkham	9. Effective communication (2 hours)	<u>Lecturer:</u> Assist. Prof. Dr. Yupin Tanatwanit Dr. Jantana Koedbangkham	n. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m.	01:00-05:00 p.m.					05:00-05:30 p.m.

August 2nd

Training Activities	m. Classroom opened to register	III. Topic: Development of Palliative Care Service 1. Eight domains of palliative care (1 hour) 2. Palliative care team, and referring system and networks (1.5 hour) 3. Core competencies of palliative care nurses (1.5 hour) Lecturers: Assist. Prof.Dr. Chutima Chantamit-O-Pas Assist. Prof. Dr. Narumon Teerarungsikul Dr. Jantana Koedbangkham	m. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m.	01:00-05:00 p.m.	05:00-05:30 p.m.

August 4th

Time	Training Activities
00:30-01:00 p.m.	Classroom opened to register
01:00-05:00 p.m.	6. Visit study: Community-Based End-of-Life Care: Spiritual support
	Wat phrabat NamPhu, Lopburi province (A temple)
	Introduction: Wat phrabat NamPhu Policies, system, and Spiritual support at the end-of-life care
	Lecturer: Monk and personnel of the temple
	Visit study: Wat phrabat NamPhu Spiritual support at the end-of-life care (IV: VDO and Live)
	Group <u>Leaders:</u> Assist. Prof. Dr. Jinjutha Chaisena Dallas Assist. Prof. Dr. Pichamon Intaput
05:00-05:30 p.m.	Discussion (Questions & Answers) by Teaching team

August 6th

Training Activities	00:30-01:00 p.m. Classroom opened to register	01:00-05:00 p.m. 3 rd Group meeting and presentation (Learning experience summarization) (5 groups, 30-40 mins/group)	Evaluation and suggestion by the PHC Teaching team	05:00-05:30 p.m. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m	01:00-05:00 p.m		05:00-05:30 p.n

August 9th

Time	Training Activities
00:30-01:00 p.m.	Classroom opened to register
01:00-05:00 p.m.	7. Visit study: Palliative Care System and Service in Thailand
	Chonburi Cancer Hospital, Chonburi province Introduction: Chonburi Cancer Hospital Policies, system, and service for palliative cancer care [1.5]
	Lecturer: Director of Chonburi Cancer Hospital
	Visit study for Clinical teaching: Nursing service system, in-patient department (Cancer unit) (V. VDO and Live) Nursing Process and Advanced care plan
	Group Leaders: Assist. Prof. Dr. Yupin Tanatwanit Laddawan Vonk, RN Rangson Chaikham, RN
05:00-05:30 p.m.	4th Presentation: Case study (1 case/group, total 5 cases)
	Discussion (Questions & Answers) by Teaching team

August 11th

Training Activities	.m. Classroom opened to register	.m. IV. Topic: Palliative Care in a Community network	Palliative Care for Patients with Cerebrovascular Diseases and Caregivers (1.5 hours) Model of Palliative Care network in Community (1.5 hours)	Lecturer: Assist. Prof. Dr. Pornchai Jullamate	Visit study: Palliative Care in a Community network ()	Group leader: Assist. Prof. Dr. Pornchai Jullamate	.m. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m.	01:00-05:00 p.m.					05:00-05:30 p.m.

August 13rd

Training Activities	. Classroom opened to register	8. Visit study: Thai Healthcare History and Culture as Complementary treatment	Abhaibhubejhr College of Thai Traditional Medicine, Prachinburi province	Policies, system, and service Thai massage and herbal medicine (VI. VDO and Live)	Lecturers: Director/Personnel of Abhaibhubejhr College of Thai Traditional Medicine	Discussion (Questions & Answers) (.5 hour) Personnel of Abhaibhubejhr College of Thai Traditional Medicine Assist. Prof. Dr. Yupin Tanatwanit Assoc. Prof. Dr. Chanandchidadussadee Toonsiri Assist. Prof. Dr. Nareerat Boonnate	Visit study: Thai Traditional medicine Museum, Chao Phraya Abhaibhubejhr Building as an historic monument (II Live) (1 hour)	Group Leaders: Assist. Prof. Dr. Yupin Tanatwanit Assoc. Prof. Dr. Chanandchidadussadee Toonsiri Assist. Prof. Dr. Nareerat Boonnate	. Discussion (Questions & Answers) by Teaching team
Time	00:30-01:00 p.m.	01:00-05:00 p.m.						- M	05:00-05:30 p.m.

August 16th

Training Activities	Classroom opened to register	90 p.m. 5th Project presentation: "How to develop/integrate/improve palliative care system in your healthcare system" (Assignment) (3 mins/person)	Assist. Prof. Dr. Yupin Tanatwanit Assist. Prof. Dr. Jinjutha Chaisena Assist. Prof. Dr. Jinjutha Chaisena Assist. Prof. Dr. Narumon Teerarungsikul Assist. Prof. Dr. Pichamon Intaput Assoc. Prof. Dr. Chanandchidadussadee Toonsiri Assist. Prof. Dr. Nareerat Boonnate Assist. Prof. Dr. Chutima Chantamit-O-Pas Dr. Jantana Koedbangkham Ajarn Nontakom Damnong Ajarn Warisa Kanbuala	Break 16 persons (Teaching Team = 11 persons, Room and computer personnel = 5 persons)		Group Leaders: Assist. Prof. Dr. Chutima Chantamit-O-Pas Ajarn Nontakorn Damnong Ajarn Warisa Kanbuala	0 p.m. Discussion (Question & Answer)	0 p.m. Congratulation & Farewell (Training course ended)
Time	00:30-01:00 p.m.	01:00-05:00 p.m.			05:00-06:00 p.m.		06:00-06:30 p.m.	06:30-07:00 p.m.